1  
00:00:03,000 --> 00:00:03,800  
好，同学们  
  
2  
00:00:03,840 --> 00:00:06,040  
咱们接着聊刚才的话题  
  
3  
00:00:06,360 --> 00:00:07,680  
那么我们说了一个问题啊  
  
4  
00:00:07,720 --> 00:00:08,280  
首先  
  
5  
00:00:09,430 --> 00:00:12,510  
奔豚病在难经之中给它一个定义  
  
6  
00:00:12,750 --> 00:00:16,350  
奔豚病的病因无非三个字，叫肾之积  
  
7  
00:00:16,630 --> 00:00:17,030  
对吧  
  
8  
00:00:17,480 --> 00:00:19,000  
肾里头堵上了啊  
  
9  
00:00:19,040 --> 00:00:19,640  
堵上了  
  
10  
00:00:20,000 --> 00:00:21,520  
那么肾是怎么堵上的呢  
  
11  
00:00:21,520 --> 00:00:22,880  
他后来又解释了一个问题  
  
12  
00:00:23,080 --> 00:00:26,840  
因为五脏病气相传，所谓脾土治肾水  
  
13  
00:00:27,240 --> 00:00:28,080  
脾当传于肾  
  
14  
00:00:28,480 --> 00:00:30,200  
肾水呢，又当治心火  
  
15  
00:00:30,560 --> 00:00:32,640  
但是正好赶上心气势旺  
  
16  
00:00:32,960 --> 00:00:34,280  
把这个邪气怎么办啊  
  
17  
00:00:34,550 --> 00:00:34,750  
哎  
  
18  
00:00:34,950 --> 00:00:36,590  
一脚又给弹回来了是吧  
  
19  
00:00:36,980 --> 00:00:38,740  
弹回来给了肾之后，肾很尴尬  
  
20  
00:00:38,780 --> 00:00:39,380  
还给脾  
  
21  
00:00:39,380 --> 00:00:40,500  
脾又不要给心  
  
22  
00:00:40,580 --> 00:00:41,180  
心又不收  
  
23  
00:00:41,500 --> 00:00:45,340  
于是乎肾自己揣着变成了一个导火索  
  
24  
00:00:45,640 --> 00:00:48,910  
就如同第一次世界大战留下的尾巴  
  
25  
00:00:49,230 --> 00:00:50,070  
最后怎么办啊  
  
26  
00:00:50,350 --> 00:00:53,230  
你必然发生二战就这么一个道理  
  
27  
00:00:53,710 --> 00:00:57,260  
因此很多人认为所谓难境之中  
  
28  
00:00:57,780 --> 00:00:58,980  
心气势旺  
  
29  
00:00:59,430 --> 00:01:03,390  
跟这个我们伤寒论说的心气不足是不是矛盾在这  
  
30  
00:01:03,390 --> 00:01:04,910  
我要说根本没有矛盾  
  
31  
00:01:05,319 --> 00:01:07,880  
所谓的矛盾是因为我们在礼法上还没有圆融  
  
32  
00:01:07,960 --> 00:01:09,360  
他俩本来就是一个啊  
  
33  
00:01:09,360 --> 00:01:10,040  
本来就是一个  
  
34  
00:01:10,600 --> 00:01:12,840  
那这东西奔腾，咳  
  
35  
00:01:13,580 --> 00:01:14,780  
他这个呃  
  
36  
00:01:15,950 --> 00:01:16,990  
怎么个分型啊  
  
37  
00:01:17,590 --> 00:01:21,870  
那么由于我刚才讲了这个夹在中间  
  
38  
00:01:22,110 --> 00:01:23,710  
一头是否一头是心  
  
39  
00:01:24,390 --> 00:01:25,190  
说白了呀  
  
40  
00:01:25,750 --> 00:01:25,950  
嗯  
  
41  
00:01:26,510 --> 00:01:31,140  
这个所谓的肾气想报仇啊  
  
42  
00:01:31,740 --> 00:01:36,450  
现在就得只有等两个机会才能把这球踢出去  
  
43  
00:01:36,570 --> 00:01:38,890  
咱明白了，没有第一个机会呢  
  
44  
00:01:39,570 --> 00:01:40,250  
就是什么  
  
45  
00:01:40,450 --> 00:01:42,530  
就是所谓咱们打比方  
  
46  
00:01:43,020 --> 00:01:44,420  
必须得一头是虚的  
  
47  
00:01:44,820 --> 00:01:45,660  
咱明白了没有  
  
48  
00:01:46,060 --> 00:01:48,100  
不是脾虚就是心虚  
  
49  
00:01:48,140 --> 00:01:48,900  
是这道理吧  
  
50  
00:01:49,860 --> 00:01:51,190  
所谓呃  
  
51  
00:01:51,550 --> 00:01:53,510  
所谓正气存内，邪不可干啊  
  
52  
00:01:53,910 --> 00:01:55,310  
反之，邪之所凑  
  
53  
00:01:55,790 --> 00:01:56,390  
其气必虚  
  
54  
00:01:56,430 --> 00:01:57,430  
这个没有意义吧  
  
55  
00:01:57,960 --> 00:01:59,960  
不是心虚就是肾虚  
  
56  
00:01:59,960 --> 00:02:01,560  
只有虚一头肾  
  
57  
00:02:01,680 --> 00:02:06,120  
才能把之前寒得这个所谓忍辱含垢  
  
58  
00:02:06,800 --> 00:02:09,639  
卧薪尝胆这口气他才能出来  
  
59  
00:02:10,770 --> 00:02:12,370  
但是大家想象一下  
  
60  
00:02:13,130 --> 00:02:15,850  
你觉得啊，这个肾气  
  
61  
00:02:17,030 --> 00:02:21,470  
我说啊左右的这个相传传给痞或者传给心  
  
62  
00:02:22,190 --> 00:02:23,510  
哪个更狠  
  
63  
00:02:25,330 --> 00:02:26,170  
哪个更厉害  
  
64  
00:02:27,830 --> 00:02:28,030  
呃  
  
65  
00:02:28,150 --> 00:02:31,390  
很多人会觉得那么肾水克心火  
  
66  
00:02:32,270 --> 00:02:35,540  
所以传给辛更狠是不是啊  
  
67  
00:02:36,260 --> 00:02:39,100  
其实呢，我们这么解释啊  
  
68  
00:02:40,160 --> 00:02:41,480  
呃，我换一个说法  
  
69  
00:02:42,680 --> 00:02:47,160  
你想想一定是渗水反传给脾  
  
70  
00:02:48,100 --> 00:02:49,780  
这一刀捅得是最狠的  
  
71  
00:02:50,540 --> 00:02:51,820  
大家明白这个意思吗  
  
72  
00:02:52,690 --> 00:02:53,890  
这就是所谓反污  
  
73  
00:02:54,170 --> 00:02:54,490  
对了  
  
74  
00:02:55,090 --> 00:02:57,090  
秤和污称是比较容易的  
  
75  
00:02:57,850 --> 00:02:59,370  
因为他正常  
  
76  
00:02:59,370 --> 00:03:00,930  
我传给新他是正常  
  
77  
00:03:00,930 --> 00:03:03,610  
因为本来上次就应该给你，你不要啊  
  
78  
00:03:03,610 --> 00:03:05,530  
正好赶上你们家中彩票了是吧  
  
79  
00:03:05,940 --> 00:03:06,860  
你们家分地了  
  
80  
00:03:06,940 --> 00:03:08,300  
打个比方啊  
  
81  
00:03:08,650 --> 00:03:10,210  
之后你不要好了  
  
82  
00:03:10,570 --> 00:03:12,450  
现在我传给你，理所当然  
  
83  
00:03:12,450 --> 00:03:15,130  
当年就是你你你亏我这么一下是吧  
  
84  
00:03:15,670 --> 00:03:17,270  
但是反乌与否啊  
  
85  
00:03:17,890 --> 00:03:19,330  
这个就不容易了  
  
86  
00:03:19,850 --> 00:03:23,370  
那么它反物与否一定是这东西它不协调了  
  
87  
00:03:23,370 --> 00:03:25,530  
打一比方，就像当年呢  
  
88  
00:03:26,210 --> 00:03:30,520  
呃，中日发生这个日本侵华战争之前  
  
89  
00:03:31,040 --> 00:03:31,880  
实际上在日本呢  
  
90  
00:03:31,880 --> 00:03:37,600  
有很多有识之士认为日本的过早的西化啊  
  
91  
00:03:37,600 --> 00:03:39,880  
日本的先进，整个它的那个  
  
92  
00:03:40,560 --> 00:03:43,920  
这这个工业的兴起和中国的积贫积弱  
  
93  
00:03:43,920 --> 00:03:44,680  
这个是错的  
  
94  
00:03:44,800 --> 00:03:47,000  
当时日本有人就公开提出这个问题  
  
95  
00:03:47,200 --> 00:03:48,120  
为什么这个不对  
  
96  
00:03:48,120 --> 00:03:51,200  
这是病态的，正常应该是中国强大  
  
97  
00:03:51,710 --> 00:03:53,110  
日本相对弱小  
  
98  
00:03:53,670 --> 00:03:54,670  
大国和小国  
  
99  
00:03:54,670 --> 00:03:58,030  
这么一个叫生态关系，是这个特道理吧  
  
100  
00:03:58,190 --> 00:04:00,870  
那我们也是脾比肾强一点  
  
101  
00:04:00,870 --> 00:04:01,990  
它是一个生态关系  
  
102  
00:04:02,350 --> 00:04:03,510  
它是一个固有的  
  
103  
00:04:03,810 --> 00:04:04,970  
我们讲叫关系  
  
104  
00:04:05,090 --> 00:04:06,050  
关系科学，对吧  
  
105  
00:04:06,450 --> 00:04:08,610  
那么你现在如果疲弱了  
  
106  
00:04:08,610 --> 00:04:11,250  
就像我们当年中国大清朝一下不行了  
  
107  
00:04:11,650 --> 00:04:14,640  
周围的这些小国，什么日本啊  
  
108  
00:04:14,800 --> 00:04:17,200  
甚至有多远我坐着船来揍你一顿  
  
109  
00:04:17,880 --> 00:04:19,079  
这个是不对的  
  
110  
00:04:19,399 --> 00:04:21,279  
你就说这个问题，那也是暂时的  
  
111  
00:04:21,890 --> 00:04:26,050  
它产生的这个问题将是很严重的  
  
112  
00:04:26,090 --> 00:04:29,470  
所以这个呃，我们说甚传于心  
  
113  
00:04:29,670 --> 00:04:31,630  
等于就哥哥把弟弟揍一顿啊  
  
114  
00:04:31,630 --> 00:04:32,710  
这是很正常的  
  
115  
00:04:32,870 --> 00:04:34,750  
如果弟弟反过来把哥哥揍了  
  
116  
00:04:35,160 --> 00:04:36,800  
这里头可能就有事了  
  
117  
00:04:36,800 --> 00:04:37,720  
明白啥意思了吗  
  
118  
00:04:38,040 --> 00:04:42,100  
所以奔腾，我们依照这个脾病传肾和肾病传心  
  
119  
00:04:42,100 --> 00:04:44,100  
把它放成放变成两个片段  
  
120  
00:04:44,400 --> 00:04:46,240  
也就出现了两种奔腾  
  
121  
00:04:46,520 --> 00:04:48,600  
也就是你们大家一直疑惑的  
  
122  
00:04:48,760 --> 00:04:50,760  
一个叫肝气奔腾和肾气奔腾  
  
123  
00:04:50,920 --> 00:04:51,640  
明白了吧  
  
124  
00:04:53,200 --> 00:04:56,320  
一哎，好像现在一下有人懂了  
  
125  
00:04:58,460 --> 00:04:59,540  
第二，肾气  
  
126  
00:05:00,660 --> 00:05:05,060  
那么想当然，肝气奔腾一定是谁虚的时候的表现  
  
127  
00:05:06,940 --> 00:05:09,540  
谁需变成肝气本腿脾虚没错吧  
  
128  
00:05:13,200 --> 00:05:13,640  
脾虚  
  
129  
00:05:16,380 --> 00:05:17,300  
那心气  
  
130  
00:05:17,580 --> 00:05:19,980  
肾气奔腾，一定是谁虚的时候出现的呀  
  
131  
00:05:21,100 --> 00:05:21,820  
心气  
  
132  
00:05:23,760 --> 00:05:24,000  
哎  
  
133  
00:05:25,680 --> 00:05:27,160  
这个结构大家看懂了吧  
  
134  
00:05:27,600 --> 00:05:29,880  
是不是一下就通了，一下通了吧  
  
135  
00:05:29,880 --> 00:05:31,040  
哎，通了就对了啊  
  
136  
00:05:32,050 --> 00:05:33,690  
呃，最好是我啥也不讲  
  
137  
00:05:33,690 --> 00:05:35,690  
你们一看我这图你们自己就会了啊  
  
138  
00:05:35,690 --> 00:05:36,490  
这是最好的  
  
139  
00:05:36,850 --> 00:05:38,770  
那么就这么点简单的事  
  
140  
00:05:39,170 --> 00:05:42,170  
那么当有一天痞是没怎么着  
  
141  
00:05:42,330 --> 00:05:43,090  
你明白这意思吧  
  
142  
00:05:43,090 --> 00:05:48,240  
就像当年我们说那个甲午战争之前的中日日本呢  
  
143  
00:05:48,930 --> 00:05:51,490  
几次想要跟中国试吧，试吧  
  
144  
00:05:51,970 --> 00:05:54,530  
唐代的时候白村江一战打得胆寒  
  
145  
00:05:55,050 --> 00:05:56,890  
最后13次派遣唐使来  
  
146  
00:05:57,270 --> 00:05:59,750  
后来好不容易到了大明朝丰臣秀吉呢  
  
147  
00:06:00,110 --> 00:06:02,430  
一统日本66国啊  
  
148  
00:06:02,830 --> 00:06:08,090  
之后再次以朝鲜为依托想要攻打大明是吧  
  
149  
00:06:08,450 --> 00:06:13,010  
结果又被我大明朝哈这个这个一顿完虐啊  
  
150  
00:06:13,050 --> 00:06:14,410  
之后就狼狈的回去了  
  
151  
00:06:14,650 --> 00:06:16,610  
那么这是一个平常状态  
  
152  
00:06:16,930 --> 00:06:19,880  
但是结果正常是中国压着日本  
  
153  
00:06:19,880 --> 00:06:24,120  
是不是结果有一天突然之间外来一股邪气  
  
154  
00:06:24,440 --> 00:06:25,280  
英法联军  
  
155  
00:06:26,740 --> 00:06:30,420  
1840年鸦片战争撬开了大清国门之后  
  
156  
00:06:30,460 --> 00:06:32,260  
中国被西方压制  
  
157  
00:06:32,840 --> 00:06:35,520  
就像一直压制肾的脾  
  
158  
00:06:36,160 --> 00:06:38,800  
突然之间现在被肝给踩了一脚  
  
159  
00:06:39,600 --> 00:06:40,480  
发现了没有  
  
160  
00:06:41,550 --> 00:06:42,070  
发现了吧  
  
161  
00:06:42,510 --> 00:06:46,830  
肝气奔腾的，所有的秘密就在这明白了没有  
  
162  
00:06:47,270 --> 00:06:48,630  
所以解决这个肝气奔腾  
  
163  
00:06:49,150 --> 00:06:51,880  
我们说，首先看你问能长啥样啊  
  
164  
00:06:52,000 --> 00:06:53,600  
那我们看一下原文  
  
165  
00:06:54,970 --> 00:06:56,610  
原文中说了这么一个事  
  
166  
00:06:57,650 --> 00:06:57,930  
呃  
  
167  
00:06:58,820 --> 00:07:01,500  
奔豚气上冲胸  
  
168  
00:07:01,780 --> 00:07:05,830  
那么气上冲胸就是这个不解释了，所谓冲脉啊  
  
169  
00:07:06,310 --> 00:07:09,710  
我们说冲脉直行上下是不是气机冲逆  
  
170  
00:07:10,460 --> 00:07:13,060  
那么冲脉跟木气就关系特别大  
  
171  
00:07:13,420 --> 00:07:15,380  
我们说平冲也用桂枝是吧  
  
172  
00:07:15,500 --> 00:07:16,580  
平那个冲逆之气  
  
173  
00:07:17,060 --> 00:07:20,920  
那么气上冲胸，腹痛腹痛是啥概念呢  
  
174  
00:07:21,280 --> 00:07:22,520  
代表了脾土衰弱  
  
175  
00:07:23,160 --> 00:07:25,480  
一个气上冲胸代表木气太盛  
  
176  
00:07:26,210 --> 00:07:28,210  
一个腹痛代表脾土太虚  
  
177  
00:07:28,530 --> 00:07:30,290  
那么就是说明现在这时候啊  
  
178  
00:07:30,880 --> 00:07:34,200  
大清朝曾经日本畏惧的这个强林  
  
179  
00:07:34,720 --> 00:07:38,300  
现在被英法等西方帝国主义  
  
180  
00:07:38,300 --> 00:07:40,860  
现在被一顿胖揍，就说这个道理  
  
181  
00:07:41,130 --> 00:07:41,370  
哎  
  
182  
00:07:41,610 --> 00:07:44,050  
小小的日本现在翻身的机会来了吧  
  
183  
00:07:44,410 --> 00:07:45,570  
哎，就说这个道理啊  
  
184  
00:07:46,300 --> 00:07:48,700  
那么结果出现了一个症，叫往来寒热  
  
185  
00:07:49,300 --> 00:07:50,900  
往来寒热是一个啥症啊  
  
186  
00:07:51,700 --> 00:07:52,500  
非常明显  
  
187  
00:07:52,740 --> 00:07:56,720  
在伤寒六经之中是少阳之症  
  
188  
00:07:57,240 --> 00:07:58,080  
是不是这回事啊  
  
189  
00:07:58,400 --> 00:07:59,560  
那不是一个邵阳之症  
  
190  
00:08:00,000 --> 00:08:02,640  
因此说这个结构我们现在看的很清楚了  
  
191  
00:08:03,010 --> 00:08:04,050  
所谓气上冲胸  
  
192  
00:08:04,130 --> 00:08:09,130  
代表了以肝气为代表的冲脉的气机冲逆之象啊  
  
193  
00:08:10,330 --> 00:08:15,170  
那么气上冲代表了肝气盛  
  
194  
00:08:18,500 --> 00:08:21,990  
那么腹腹痛啊，代表了什么呢  
  
195  
00:08:22,990 --> 00:08:24,230  
脾气虚是不是啊  
  
196  
00:08:24,470 --> 00:08:27,470  
因为全腹为太阴之部位嘛  
  
197  
00:08:31,100 --> 00:08:32,299  
所以现在的治疗  
  
198  
00:08:34,020 --> 00:08:35,890  
那么啊，对  
  
199  
00:08:35,890 --> 00:08:37,049  
还含着一个奔腾呢  
  
200  
00:08:37,210 --> 00:08:38,289  
还含着一个奔腾呢，啊  
  
201  
00:08:38,289 --> 00:08:40,130  
奔腾不是那个肾气受邪  
  
202  
00:08:40,130 --> 00:08:42,159  
现在他要弹回来了吗  
  
203  
00:08:42,600 --> 00:08:43,760  
所以现在邪气呢  
  
204  
00:08:44,080 --> 00:08:44,880  
那么你想想啊  
  
205  
00:08:45,280 --> 00:08:47,400  
敌人的敌人就一定是我们的朋友哈  
  
206  
00:08:47,780 --> 00:08:48,500  
是不是这个道理  
  
207  
00:08:48,820 --> 00:08:54,020  
那么肝在这自动和之前受脾压制的肾气  
  
208  
00:08:54,420 --> 00:08:55,860  
他俩就结成同盟了吧  
  
209  
00:08:57,170 --> 00:08:59,010  
所以而且还有一个问题  
  
210  
00:08:59,930 --> 00:09:00,210  
呃  
  
211  
00:09:01,490 --> 00:09:05,010  
他的这个同盟啊，一定是肝主导的还是脾主导的  
  
212  
00:09:06,000 --> 00:09:07,240  
不是不是说错了  
  
213  
00:09:07,400 --> 00:09:09,080  
肝主导的还是肾主导的  
  
214  
00:09:09,970 --> 00:09:11,090  
肾直肌为奔腾嘛  
  
215  
00:09:11,490 --> 00:09:14,890  
但现在是肝在主导这个事儿还是肾在主导，一定是肝  
  
216  
00:09:15,250 --> 00:09:16,010  
打一个比方  
  
217  
00:09:16,300 --> 00:09:20,500  
就像是当年日军占领这个朝鲜之后  
  
218  
00:09:21,370 --> 00:09:22,290  
那么后来呢  
  
219  
00:09:22,330 --> 00:09:26,210  
这个整个朝鲜也自自主的所谓的民主投票  
  
220  
00:09:26,290 --> 00:09:27,850  
那最后合并到日本了吧  
  
221  
00:09:28,210 --> 00:09:31,120  
那么后来侵华的这帮人有日本兵  
  
222  
00:09:31,360 --> 00:09:32,720  
实际上也有朝鲜兵  
  
223  
00:09:33,160 --> 00:09:35,440  
那么这个朝鲜兵他听谁的呀  
  
224  
00:09:35,970 --> 00:09:37,210  
去日本的是这个道理吧  
  
225  
00:09:37,410 --> 00:09:38,170  
为虎作伥  
  
226  
00:09:38,530 --> 00:09:42,730  
那么肾的这个奔腾之气借着给他复仇的为名  
  
227  
00:09:43,440 --> 00:09:44,520  
被肝气所利用  
  
228  
00:09:44,920 --> 00:09:46,160  
秤脾土，明白了吧  
  
229  
00:09:46,400 --> 00:09:47,920  
这就是肝气本能，非常简单  
  
230  
00:09:48,560 --> 00:09:49,320  
非常简单  
  
231  
00:09:49,810 --> 00:09:52,690  
所以这个时候我们治病你该怎么办  
  
232  
00:09:53,250 --> 00:09:54,490  
我们说这么几个关系  
  
233  
00:09:54,810 --> 00:09:56,180  
肝脾  
  
234  
00:09:56,820 --> 00:09:58,100  
肝的实脾的  
  
235  
00:09:58,940 --> 00:10:00,810  
虚，和这个肾的  
  
236  
00:10:00,810 --> 00:10:03,410  
这个里头奔腾的一个报复是吧  
  
237  
00:10:03,490 --> 00:10:04,290  
趁趁火打劫  
  
238  
00:10:04,290 --> 00:10:06,290  
趁我报复，核心在哪  
  
239  
00:10:06,570 --> 00:10:08,610  
我们说上工治未病，治谁  
  
240  
00:10:09,890 --> 00:10:10,410  
没错  
  
241  
00:10:11,730 --> 00:10:12,650  
就把他干掉  
  
242  
00:10:13,190 --> 00:10:14,150  
所以怎么干掉肝  
  
243  
00:10:14,390 --> 00:10:15,390  
因此你仔细看啊  
  
244  
00:10:15,390 --> 00:10:17,350  
我们这个方子还是我那句话  
  
245  
00:10:17,350 --> 00:10:18,310  
不用你背方歌  
  
246  
00:10:18,390 --> 00:10:22,050  
一次就把奔豚汤的所有药都记住，听好吧  
  
247  
00:10:22,410 --> 00:10:23,450  
不用你背方格啊  
  
248  
00:10:23,770 --> 00:10:27,610  
这里头首先有一张方叫黄芹加半夏生姜汤  
  
249  
00:10:32,260 --> 00:10:36,340  
黄芹加半夏生姜汤  
  
250  
00:10:39,320 --> 00:10:40,080  
看没看清楚  
  
251  
00:10:40,760 --> 00:10:44,280  
哎，黄芹加半夏生姜汤额  
  
252  
00:10:44,440 --> 00:10:45,800  
那么这个汤呢  
  
253  
00:10:47,800 --> 00:10:51,480  
呃，它有什么特点啊  
  
254  
00:10:53,060 --> 00:10:56,340  
那么咱们知道他是治治哪哪个经病的呀  
  
255  
00:10:57,500 --> 00:11:00,080  
邵阳，所谓太阳与少阳合病者  
  
256  
00:11:00,080 --> 00:11:02,520  
必自下利黄金汤主之  
  
257  
00:11:03,030 --> 00:11:04,390  
那么若呕者呢  
  
258  
00:11:04,830 --> 00:11:07,270  
黄芪加半夏生姜汤主治它本身  
  
259  
00:11:07,710 --> 00:11:09,190  
我们说为啥用这个方啊  
  
260  
00:11:09,960 --> 00:11:11,400  
伤寒，你要讲到气化  
  
261  
00:11:11,400 --> 00:11:13,880  
它就有一个重要的理论称之为标本中气  
  
262  
00:11:14,600 --> 00:11:17,750  
所谓厥阴之上，风气治之  
  
263  
00:11:17,790 --> 00:11:18,550  
中见少阳  
  
264  
00:11:19,030 --> 00:11:21,990  
那么我们要说厥阴里头，厥阴为里  
  
265  
00:11:21,990 --> 00:11:22,910  
少阳为表吧  
  
266  
00:11:23,310 --> 00:11:27,020  
那么在里产生了实邪，出不去怎么办  
  
267  
00:11:27,300 --> 00:11:28,860  
有一种方法就是泄其表  
  
268  
00:11:29,380 --> 00:11:30,340  
是不是这个道理啊  
  
269  
00:11:31,000 --> 00:11:32,960  
那里有实邪，我泄其表就行了  
  
270  
00:11:33,200 --> 00:11:36,320  
那么厥阴之表，那么肝也就是肝之表  
  
271  
00:11:36,360 --> 00:11:36,920  
为什么  
  
272  
00:11:37,320 --> 00:11:37,920  
为胆嘛  
  
273  
00:11:37,920 --> 00:11:39,200  
为胆木为少阳啊  
  
274  
00:11:39,620 --> 00:11:41,380  
那么所以泻少阳用谁泻  
  
275  
00:11:41,420 --> 00:11:42,340  
用黄芪汤吗  
  
276  
00:11:42,940 --> 00:11:44,580  
那么你又有冲脉上逆  
  
277  
00:11:44,980 --> 00:11:46,140  
那用黄芪什么汤啊  
  
278  
00:11:46,420 --> 00:11:47,860  
加半夏生姜汤干嘛  
  
279  
00:11:47,860 --> 00:11:48,380  
降逆嘛  
  
280  
00:11:48,780 --> 00:11:49,580  
就这么简单吧  
  
281  
00:11:49,900 --> 00:11:53,620  
但是你在降逆的同时防止中焦的淤塞  
  
282  
00:11:53,940 --> 00:11:55,960  
去掉大枣，明白了吧  
  
283  
00:11:56,040 --> 00:11:59,160  
黄琴加半夏生姜去大枣完事呢  
  
284  
00:11:59,160 --> 00:12:01,200  
还有一点，肝气冲逆  
  
285  
00:12:01,690 --> 00:12:03,690  
那么还有一个办法，就是怎么办呢  
  
286  
00:12:03,970 --> 00:12:05,650  
你给他去调和肝血  
  
287  
00:12:06,530 --> 00:12:07,810  
肝气就平复了  
  
288  
00:12:08,050 --> 00:12:09,450  
怎么调和肝血呢  
  
289  
00:12:11,300 --> 00:12:15,180  
川芎当归是吧  
  
290  
00:12:16,050 --> 00:12:18,490  
川芎当归为啥能合肝血  
  
291  
00:12:18,530 --> 00:12:19,250  
非常简单  
  
292  
00:12:19,650 --> 00:12:22,370  
就像家里头，你看这个丈夫啊  
  
293  
00:12:22,890 --> 00:12:23,890  
她脾气再不好  
  
294  
00:12:23,890 --> 00:12:24,890  
有些事你摆不平  
  
295  
00:12:24,890 --> 00:12:26,290  
她其实你有一个办法  
  
296  
00:12:26,730 --> 00:12:30,160  
你把他媳妇儿啊给说服沟通  
  
297  
00:12:30,160 --> 00:12:33,120  
好让他媳妇去劝明白，不明白这个道理  
  
298  
00:12:33,520 --> 00:12:35,940  
那么肝气之脏过猛  
  
299  
00:12:36,100 --> 00:12:37,380  
肝气之脏过亢  
  
300  
00:12:38,180 --> 00:12:40,660  
但是你不要忘了，肝虽以阳为用  
  
301  
00:12:40,700 --> 00:12:41,740  
但是以阴为体  
  
302  
00:12:42,390 --> 00:12:44,550  
你用川芎和当归进去  
  
303  
00:12:45,030 --> 00:12:49,790  
那么再合上环形加半夏山参汤去大枣里的芍药归芍胸  
  
304  
00:12:50,720 --> 00:12:51,560  
专门干什么  
  
305  
00:12:51,840 --> 00:12:53,480  
专门喝血没错吧  
  
306  
00:12:53,880 --> 00:12:55,960  
那么这是让他媳妇去喝血  
  
307  
00:12:56,760 --> 00:12:58,880  
这是把肝的外头给他打开  
  
308  
00:12:59,680 --> 00:13:02,960  
那么与此同时对肝自己没有点动作吗  
  
309  
00:13:03,640 --> 00:13:05,960  
有的时候你劝说都到位了  
  
310  
00:13:06,820 --> 00:13:08,100  
路也给他指好了  
  
311  
00:13:08,140 --> 00:13:09,980  
让他从邵阳走来，龙去脉吗  
  
312  
00:13:10,360 --> 00:13:11,120  
你绝你的血  
  
313  
00:13:11,120 --> 00:13:13,880  
我让你从邵阳走黄亲家半夏生姜汤去大枣，对吧  
  
314  
00:13:14,240 --> 00:13:15,760  
怕你赌，把大枣还得去掉  
  
315  
00:13:16,490 --> 00:13:17,810  
然后怕你不听话  
  
316  
00:13:17,850 --> 00:13:21,850  
找你媳妇跟你谈谈穿胸当归最后还有一件事  
  
317  
00:13:23,440 --> 00:13:26,100  
两个根，我在这简写啊  
  
318  
00:13:26,860 --> 00:13:28,580  
二根，一个是葛根  
  
319  
00:13:28,660 --> 00:13:29,340  
一个是李根  
  
320  
00:13:29,340 --> 00:13:31,900  
白皮干嘛直接去量干  
  
321  
00:13:32,920 --> 00:13:34,840  
换句话说，凭肝气之冲逆  
  
322  
00:13:35,200 --> 00:13:35,600  
为什么  
  
323  
00:13:35,600 --> 00:13:36,560  
你仔细一看啊  
  
324  
00:13:36,920 --> 00:13:37,960  
葛根是白色的  
  
325  
00:13:37,960 --> 00:13:39,200  
里根，白皮啥色啊  
  
326  
00:13:39,560 --> 00:13:41,720  
也是白色的，白是五行之中  
  
327  
00:13:41,800 --> 00:13:42,360  
合什么  
  
328  
00:13:42,910 --> 00:13:44,190  
和金金能干啥呀  
  
329  
00:13:44,510 --> 00:13:46,190  
金能克木葛根啊  
  
330  
00:13:46,310 --> 00:13:48,670  
除了能够生津液之外  
  
331  
00:13:48,910 --> 00:13:49,990  
葛根还有一个作用  
  
332  
00:13:50,350 --> 00:13:51,630  
葛根能量冲脉  
  
333  
00:13:51,910 --> 00:13:54,750  
我们刚才是不是说过冲脉和肝的肝气上逆  
  
334  
00:13:54,750 --> 00:13:55,790  
它俩是有联系的  
  
335  
00:13:56,110 --> 00:13:58,630  
那么葛根本身就能让冲脉凉下来  
  
336  
00:13:58,790 --> 00:14:01,910  
那么肝气直接就给他重要的一击啊  
  
337  
00:14:02,230 --> 00:14:03,790  
与此同时，李根白皮  
  
338  
00:14:04,130 --> 00:14:07,530  
我们说这个在所有的果木之中啊  
  
339  
00:14:07,690 --> 00:14:10,250  
李子那么往往是不容易坏的  
  
340  
00:14:10,450 --> 00:14:11,490  
它得木气啊  
  
341  
00:14:11,490 --> 00:14:12,330  
得得非常旺  
  
342  
00:14:12,760 --> 00:14:14,800  
而且这个礼树之根呢  
  
343  
00:14:15,120 --> 00:14:16,880  
上头的，咱们讲叫白皮  
  
344  
00:14:17,360 --> 00:14:19,280  
本身就是金木相合之象  
  
345  
00:14:19,880 --> 00:14:23,480  
又去它又用这个白色呢，叫以金制木  
  
346  
00:14:23,850 --> 00:14:25,850  
所以我在临床上有的时候没有李根白皮  
  
347  
00:14:25,850 --> 00:14:28,050  
我一般是以桑白皮代之啊  
  
348  
00:14:28,450 --> 00:14:29,290  
去用这个方  
  
349  
00:14:29,910 --> 00:14:31,070  
那么这样的话呢  
  
350  
00:14:31,150 --> 00:14:34,110  
这几味药大家看好就齐了啊  
  
351  
00:14:34,590 --> 00:14:35,310  
一个是呢  
  
352  
00:14:35,390 --> 00:14:37,510  
我们说他的再次重复一下  
  
353  
00:14:37,510 --> 00:14:40,490  
怕大家记不住他的病的表现  
  
354  
00:14:40,900 --> 00:14:41,860  
由于肝气实  
  
355  
00:14:41,940 --> 00:14:43,180  
所以气上冲，对吧  
  
356  
00:14:43,620 --> 00:14:45,140  
由于脾虚，所以肚子疼  
  
357  
00:14:45,580 --> 00:14:47,380  
由于肝气内食  
  
358  
00:14:47,540 --> 00:14:50,740  
那么外在必有，有有内在的厥阴  
  
359  
00:14:50,860 --> 00:14:52,300  
外在必有少阳之相  
  
360  
00:14:52,970 --> 00:14:54,490  
有少阳之象，就往来寒热呗  
  
361  
00:14:54,810 --> 00:14:57,690  
那么这个时候我们就首先打开它的少阳去露  
  
362  
00:14:58,010 --> 00:15:02,020  
用黄芪加半夏生姜汤去大枣给他把  
  
363  
00:15:02,020 --> 00:15:03,380  
先把道给他指出去  
  
364  
00:15:03,660 --> 00:15:07,900  
然后用川芎、当归和肝血，以阴至阳  
  
365  
00:15:08,220 --> 00:15:08,900  
与此同时  
  
366  
00:15:09,340 --> 00:15:09,860  
两个根  
  
367  
00:15:10,020 --> 00:15:11,020  
一个葛根，一个李根  
  
368  
00:15:11,020 --> 00:15:12,340  
白皮直接怎么办  
  
369  
00:15:12,800 --> 00:15:13,760  
去肢解它  
  
370  
00:15:14,080 --> 00:15:16,200  
而且而且是两个根，为什么  
  
371  
00:15:16,400 --> 00:15:19,490  
原因很简单地二生火，天七成之  
  
372  
00:15:19,650 --> 00:15:20,530  
实则泻其子  
  
373  
00:15:21,450 --> 00:15:24,370  
这个方你别看小它里头非常的精巧啊  
  
374  
00:15:24,810 --> 00:15:25,650  
那么这一张方  
  
375  
00:15:27,240 --> 00:15:30,680  
呃，关于他的这个江西法不再赘述  
  
376  
00:15:30,680 --> 00:15:31,800  
我简单说说啊  
  
377  
00:15:32,080 --> 00:15:33,800  
简单说说那个林郑的事  
  
378  
00:15:34,290 --> 00:15:37,250  
呃，这张方子我在临证的时候拿它治什么  
  
379  
00:15:37,250 --> 00:15:38,570  
你打个比方，有很多病啊  
  
380  
00:15:38,570 --> 00:15:40,910  
实际上都都可以，都可以用  
  
381  
00:15:41,310 --> 00:15:42,430  
呃，说的非常简单  
  
382  
00:15:42,430 --> 00:15:44,790  
一般来说，我们说厥阴  
  
383  
00:15:45,310 --> 00:15:45,990  
它主风木  
  
384  
00:15:46,790 --> 00:15:48,110  
但是少阳主相火  
  
385  
00:15:48,630 --> 00:15:52,610  
那么这种木气能够泄水气上冲的问题  
  
386  
00:15:53,130 --> 00:15:55,660  
其实是木火上逆之相  
  
387  
00:15:56,180 --> 00:15:57,420  
风火上逆之相啊  
  
388  
00:15:57,420 --> 00:15:58,620  
是吧，烽火之相  
  
389  
00:15:58,860 --> 00:15:59,940  
因此在临证的时候  
  
390  
00:15:59,940 --> 00:16:02,540  
我只要看到这个人风火上逆  
  
391  
00:16:03,110 --> 00:16:06,150  
我通常就是一张黄金，那个那个呃  
  
392  
00:16:06,150 --> 00:16:06,910  
就一张奔腾汤  
  
393  
00:16:07,030 --> 00:16:07,910  
效果都非常好  
  
394  
00:16:08,310 --> 00:16:11,350  
那么临床中比如说我们说这个猩红热啊  
  
395  
00:16:11,910 --> 00:16:13,190  
比如炸塞对吧  
  
396  
00:16:13,190 --> 00:16:14,870  
腮腺炎，那么等等啊  
  
397  
00:16:14,870 --> 00:16:18,590  
都是类似你看在邵阳部位冲上来的这种火热之症  
  
398  
00:16:19,060 --> 00:16:19,860  
其实这个呢  
  
399  
00:16:19,900 --> 00:16:22,460  
在临床中是一个很好的对峙的一个处方  
  
400  
00:16:22,810 --> 00:16:24,450  
呃，但是在临床上不止这么用啊  
  
401  
00:16:24,530 --> 00:16:26,770  
我很多时候我说说我自己的用法  
  
402  
00:16:26,770 --> 00:16:29,450  
你能拿走多少是多少，你自己理解  
  
403  
00:16:29,920 --> 00:16:30,120  
呃  
  
404  
00:16:30,160 --> 00:16:31,240  
我在门诊上呢  
  
405  
00:16:31,240 --> 00:16:35,260  
通常是两个方式，用这个分屯汤用的效果最好  
  
406  
00:16:35,260 --> 00:16:39,180  
第一个方式直接从色脉断病，在厥阴  
  
407  
00:16:40,120 --> 00:16:42,280  
在厥阴之后，他是一派热象  
  
408  
00:16:43,240 --> 00:16:44,040  
大家记住了吧  
  
409  
00:16:44,520 --> 00:16:45,480  
这个活热之象  
  
410  
00:16:45,480 --> 00:16:46,840  
那么就是干热，是不是啊  
  
411  
00:16:47,080 --> 00:16:48,520  
有的时候我们说厥阴热象  
  
412  
00:16:48,720 --> 00:16:51,520  
你可以用白头翁汤啊  
  
413  
00:16:51,520 --> 00:16:54,640  
那么但是白头翁汤我们说行杀之力过强  
  
414  
00:16:54,680 --> 00:16:57,920  
是不是它里头少了我们这个黄芪加半夏  
  
415  
00:16:57,920 --> 00:17:00,130  
生姜这种调和寒热的作用  
  
416  
00:17:00,330 --> 00:17:02,450  
因此你用这个呢，不妨是一个选择  
  
417  
00:17:02,850 --> 00:17:04,010  
还有一个方法啊  
  
418  
00:17:04,050 --> 00:17:05,450  
在临床上用效果也特别好  
  
419  
00:17:05,730 --> 00:17:08,010  
就是少阳和厥阴两感  
  
420  
00:17:08,569 --> 00:17:10,770  
当然，少阳厥阴凉感如果比较轻的时候  
  
421  
00:17:10,890 --> 00:17:14,849  
我通常喜欢用桂苓固本伤寒论的当归附子汤，效果特别好啊  
  
422  
00:17:15,290 --> 00:17:18,579  
那么这那个方，一般情况下就不开玩笑  
  
423  
00:17:18,579 --> 00:17:20,380  
一般很多病都是一副药  
  
424  
00:17:21,069 --> 00:17:22,430  
就是一副药就搞定啊  
  
425  
00:17:22,790 --> 00:17:25,190  
呃，那么昨天我现在手机里还有短信呢  
  
426  
00:17:25,190 --> 00:17:27,750  
昨天有一个也是搞经方的一个朋友  
  
427  
00:17:27,750 --> 00:17:30,690  
他母亲得那个肠道息肉之后  
  
428  
00:17:30,690 --> 00:17:33,930  
那个术后造成那个夜间发热  
  
429  
00:17:34,430 --> 00:17:37,830  
诶我，我后来这个因为自己刀选不了自己爸啊  
  
430  
00:17:37,830 --> 00:17:40,310  
自己老母亲，她开房开得也很好  
  
431  
00:17:40,310 --> 00:17:46,480  
但是就是下不了手啊这这个把我让到家里头搭个麦  
  
432  
00:17:46,840 --> 00:17:49,800  
呃，昨天晚上我我我给她发信息  
  
433  
00:17:49,800 --> 00:17:50,440  
我说怎么样  
  
434  
00:17:50,440 --> 00:17:51,760  
他说用一副药就好了  
  
435  
00:17:52,000 --> 00:17:53,120  
就热整个都退了  
  
436  
00:17:53,120 --> 00:17:54,080  
然后都没事了啊  
  
437  
00:17:54,820 --> 00:17:55,700  
睡觉也睡着了  
  
438  
00:17:56,060 --> 00:17:58,340  
那么这个当归附子汤临床效果特别快  
  
439  
00:17:58,780 --> 00:17:59,300  
但是呢  
  
440  
00:17:59,740 --> 00:18:01,340  
尺有所短，寸有所长啊  
  
441  
00:18:01,660 --> 00:18:03,950  
那么对于这个良将之用  
  
442  
00:18:04,430 --> 00:18:07,180  
那么显然是奔腾汤效果更好啊  
  
443  
00:18:07,180 --> 00:18:09,060  
那么这个呢，就给大家作为一个参考  
  
444  
00:18:09,380 --> 00:18:12,740  
包括你看很多时候什么时候肝气容易宠溺  
  
445  
00:18:13,020 --> 00:18:14,540  
比方说更年期综合征  
  
446  
00:18:15,450 --> 00:18:16,010  
你想想  
  
447  
00:18:16,250 --> 00:18:18,290  
因此这个奔腾汤是临床上  
  
448  
00:18:18,290 --> 00:18:22,610  
我们可以作为治疗这个更年期非常有效的  
  
449  
00:18:22,610 --> 00:18:25,330  
更年期的时候发热潮热是吧  
  
450  
00:18:25,330 --> 00:18:27,160  
往来寒热气上冲  
  
451  
00:18:27,240 --> 00:18:29,640  
感觉一整就心脏难受，上不来气了吧  
  
452  
00:18:30,000 --> 00:18:31,240  
肚子疼吃不下饭  
  
453  
00:18:31,720 --> 00:18:33,640  
食欲不好，是不是生气  
  
454  
00:18:34,450 --> 00:18:34,650  
哎  
  
455  
00:18:34,810 --> 00:18:36,330  
包括一些临床上一些  
  
456  
00:18:37,390 --> 00:18:37,590  
呃  
  
457  
00:18:37,590 --> 00:18:39,630  
我们说焦虑症特别易怒  
  
458  
00:18:40,270 --> 00:18:41,950  
都可以用这个方法啊  
  
459  
00:18:41,990 --> 00:18:42,510  
在这呢  
  
460  
00:18:42,830 --> 00:18:43,030  
呃  
  
461  
00:18:43,030 --> 00:18:46,590  
那么给大家呃，打开一些思路啊  
  
462  
00:18:46,630 --> 00:18:47,710  
以供大家参考  
  
463  
00:18:48,190 --> 00:18:49,800  
咳呃  
  
464  
00:18:49,960 --> 00:18:52,400  
那么除了这两张，这一张方呢  
  
465  
00:18:52,920 --> 00:18:54,750  
那么还有两张，呃  
  
466  
00:18:55,030 --> 00:18:56,270  
都是这个奔腾  
  
467  
00:18:56,390 --> 00:18:58,950  
那么那个呢，就是所谓的叫啥呢  
  
468  
00:18:59,870 --> 00:19:02,080  
叫肾气奔腾，呃  
  
469  
00:19:02,080 --> 00:19:03,400  
那么归到肾气奔腾呢  
  
470  
00:19:03,400 --> 00:19:08,780  
其实又回到我们金匮要略奔腾气病这个的那个  
  
471  
00:19:08,780 --> 00:19:09,500  
第一条啊  
  
472  
00:19:09,580 --> 00:19:11,020  
大家回头看一下第一条  
  
473  
00:19:11,510 --> 00:19:13,990  
呃，这个因为我们这堂课切入呢  
  
474  
00:19:13,990 --> 00:19:15,670  
我直接从奔腾汤切进来的啊  
  
475  
00:19:15,870 --> 00:19:16,590  
但是按顺序  
  
476  
00:19:16,590 --> 00:19:17,990  
我们第一条应该先说说  
  
477  
00:19:18,520 --> 00:19:20,320  
所谓师徒问答诗曰  
  
478  
00:19:20,400 --> 00:19:23,320  
病有奔腾有兔农有经部有惑邪  
  
479  
00:19:24,000 --> 00:19:26,280  
此四部病皆从经发得知  
  
480  
00:19:26,750 --> 00:19:27,430  
那么后头呢  
  
481  
00:19:27,430 --> 00:19:30,190  
还有一条补充说，这个诗曰  
  
482  
00:19:30,350 --> 00:19:32,310  
奔豚病从少府起  
  
483  
00:19:32,510 --> 00:19:35,960  
上冲喉咙，发作欲死复还止  
  
484  
00:19:36,040 --> 00:19:37,440  
皆从惊恐得知  
  
485  
00:19:37,440 --> 00:19:40,130  
其实他描述的就是一个病因，对吧  
  
486  
00:19:40,410 --> 00:19:41,450  
病因说是啥  
  
487  
00:19:41,450 --> 00:19:42,050  
是惊恐  
  
488  
00:19:42,570 --> 00:19:44,810  
那么在这其实就很多人就在想  
  
489  
00:19:45,050 --> 00:19:48,100  
那你说老师，你又说是肾  
  
490  
00:19:48,500 --> 00:19:50,700  
肾之肌未奔腾，你又说惊恐  
  
491  
00:19:51,140 --> 00:19:52,900  
但是我说他俩有区别吗  
  
492  
00:19:53,300 --> 00:19:54,940  
恐伤肾咱明白了吧  
  
493  
00:19:55,260 --> 00:19:58,060  
其实他讲的就是无论你是说丙丁日  
  
494  
00:19:59,430 --> 00:20:00,310  
那么心气旺  
  
495  
00:20:01,430 --> 00:20:02,150  
肾气受邪  
  
496  
00:20:02,830 --> 00:20:04,750  
还是说从惊恐得知  
  
497  
00:20:05,150 --> 00:20:08,350  
都是慎中积累了一种势能  
  
498  
00:20:08,870 --> 00:20:09,750  
可以这么理解吧  
  
499  
00:20:10,110 --> 00:20:11,670  
这个势能积在了肾里  
  
500  
00:20:12,270 --> 00:20:16,990  
只是说有一个机会他就能发出来，不是肝气上冲  
  
501  
00:20:17,730 --> 00:20:19,010  
横逆行脾对吧  
  
502  
00:20:19,250 --> 00:20:23,180  
肝气上逆的时候既能上逆，呃携  
  
503  
00:20:23,220 --> 00:20:23,940  
水汽上停  
  
504  
00:20:24,740 --> 00:20:25,300  
另一种呢  
  
505  
00:20:25,300 --> 00:20:28,300  
横逆犯脾，就是说心气不足  
  
506  
00:20:28,820 --> 00:20:29,900  
肾水称心火  
  
507  
00:20:30,620 --> 00:20:31,780  
就这两种情况啊  
  
508  
00:20:31,780 --> 00:20:32,500  
没有第三种  
  
509  
00:20:32,940 --> 00:20:33,740  
因此说呢  
  
510  
00:20:34,800 --> 00:20:36,800  
呃，底下这块有两条文  
  
511  
00:20:36,800 --> 00:20:38,000  
这两条文特别熟啊  
  
512  
00:20:38,360 --> 00:20:40,200  
在这其实讲与不讲吧  
  
513  
00:20:40,690 --> 00:20:44,770  
呃，大家基本上也在我讲伤寒的时候也都听过  
  
514  
00:20:44,770 --> 00:20:46,810  
但是在这给大家串一串吧  
  
515  
00:20:46,890 --> 00:20:49,010  
串讲可能感觉又是不太一样  
  
516  
00:20:49,870 --> 00:20:50,070  
呃  
  
517  
00:20:50,190 --> 00:20:54,030  
桂枝加桂汤，那么出自于伤寒论原文在这一个字都没改  
  
518  
00:20:54,590 --> 00:20:56,190  
所谓发汗后呢  
  
519  
00:20:56,720 --> 00:20:58,840  
这个这个是呃啊，还是改了啊  
  
520  
00:20:59,160 --> 00:21:02,320  
嘿嘿山论原文这么说的叫烧针令其汗，针处背寒  
  
521  
00:21:02,320 --> 00:21:03,160  
何其而赤者啊  
  
522  
00:21:03,480 --> 00:21:05,440  
没说发汗，但意思是一样的  
  
523  
00:21:05,760 --> 00:21:07,440  
那么无非是怎么着了呢  
  
524  
00:21:07,960 --> 00:21:13,740  
那么这个火针扎火针这时候没做好保暖吧  
  
525  
00:21:14,140 --> 00:21:16,860  
表面被寒气所中之后鼓起来了  
  
526  
00:21:16,860 --> 00:21:17,860  
鼓起来了之后呢  
  
527  
00:21:18,340 --> 00:21:19,220  
水就上来了  
  
528  
00:21:19,620 --> 00:21:21,340  
那么这个呢，必发奔豚  
  
529  
00:21:22,300 --> 00:21:22,580  
呃  
  
530  
00:21:24,350 --> 00:21:26,430  
因为讲伤寒的时候给大家讲的特别细啊  
  
531  
00:21:26,430 --> 00:21:30,070  
所以在这我就主观上不想给你特别细口啊  
  
532  
00:21:30,310 --> 00:21:31,910  
只能大略的说一说  
  
533  
00:21:32,250 --> 00:21:34,610  
这个病因病机非常简单啊  
  
534  
00:21:34,850 --> 00:21:35,890  
病因病机非常简单  
  
535  
00:21:36,290 --> 00:21:38,490  
它的病状是什么样  
  
536  
00:21:38,490 --> 00:21:39,130  
注意两点  
  
537  
00:21:39,410 --> 00:21:41,330  
第一，叫合起而赤  
  
538  
00:21:41,770 --> 00:21:42,650  
什么叫合起而赤  
  
539  
00:21:42,650 --> 00:21:47,120  
他原文说的原本是扎火针的那个针眼鼓了一个包  
  
540  
00:21:47,480 --> 00:21:48,640  
但是在现代临床上  
  
541  
00:21:48,640 --> 00:21:51,440  
我们说凡是发红而且鼓包的地方  
  
542  
00:21:51,480 --> 00:21:54,040  
必然是有血所拥结的地方  
  
543  
00:21:54,590 --> 00:21:55,110  
对不对呀  
  
544  
00:21:55,390 --> 00:21:57,070  
血之所至，他才发红  
  
545  
00:21:57,710 --> 00:21:58,950  
血之所至是什么  
  
546  
00:21:58,950 --> 00:22:01,620  
所谓心主血脉，就说明了一个问题  
  
547  
00:22:01,900 --> 00:22:03,820  
一定是心气空虚了  
  
548  
00:22:04,960 --> 00:22:06,200  
这个道理大家明白了吧  
  
549  
00:22:06,480 --> 00:22:08,440  
一定是心气跑到那堵那了  
  
550  
00:22:08,800 --> 00:22:12,510  
这个时候邪气来称才会出现问题吧  
  
551  
00:22:13,150 --> 00:22:14,750  
那么我给大家讲个段子啊  
  
552  
00:22:14,790 --> 00:22:15,470  
就打比方  
  
553  
00:22:15,950 --> 00:22:19,830  
就像当年我们说明朝末年国家不是没有军队  
  
554  
00:22:20,590 --> 00:22:21,550  
关宁铁骑  
  
555  
00:22:22,490 --> 00:22:23,250  
枕戈待旦  
  
556  
00:22:23,610 --> 00:22:27,050  
但是在哪儿在山海关防着谁啊  
  
557  
00:22:27,610 --> 00:22:27,970  
防着  
  
558  
00:22:27,970 --> 00:22:30,290  
咱是当时满洲八旗劲旅吧  
  
559  
00:22:31,260 --> 00:22:34,700  
这个时候京师是不是就空了吴三桂在那带着兵  
  
560  
00:22:35,180 --> 00:22:37,300  
那么在山海关  
  
561  
00:22:37,300 --> 00:22:38,980  
那么山海关如果是国之表  
  
562  
00:22:39,420 --> 00:22:44,310  
那么就我们讲，是不是相当于人体之表皮真处被寒合  
  
563  
00:22:44,310 --> 00:22:47,070  
其而赤心气都在这堵着外邪呢吧  
  
564  
00:22:47,790 --> 00:22:51,490  
这个时候结果西边有一伙农民起义军  
  
565  
00:22:52,410 --> 00:22:52,890  
国号  
  
566  
00:22:53,470 --> 00:22:56,190  
所谓这个闯王是吧哈，闯王  
  
567  
00:22:56,630 --> 00:22:57,230  
那么那哎  
  
568  
00:22:57,390 --> 00:22:58,790  
这时候就就就进北京  
  
569  
00:22:58,870 --> 00:23:03,220  
结果崇祯帝呃煤山自缢殉国啊  
  
570  
00:23:05,140 --> 00:23:09,490  
呃，那么那么正好这个这个例子也很应景啊  
  
571  
00:23:09,490 --> 00:23:10,490  
我们建勋老师呢  
  
572  
00:23:10,490 --> 00:23:11,730  
咱们都知道，呃  
  
573  
00:23:12,090 --> 00:23:13,410  
有家谱可查啊  
  
574  
00:23:14,050 --> 00:23:14,250  
呃  
  
575  
00:23:14,450 --> 00:23:19,450  
就是这个明太祖朱元璋的嫡系后人啊  
  
576  
00:23:19,780 --> 00:23:21,020  
嫡系后人，呃  
  
577  
00:23:21,020 --> 00:23:22,940  
我们也也经常聊一些这个事啊  
  
578  
00:23:23,020 --> 00:23:24,460  
那么其实讲历史啊  
  
579  
00:23:24,820 --> 00:23:25,980  
有很多历史里的事  
  
580  
00:23:26,300 --> 00:23:30,560  
你放在这个方药里头，它是一模一样的  
  
581  
00:23:30,880 --> 00:23:31,560  
一般不二  
  
582  
00:23:31,960 --> 00:23:33,800  
那么这个是所谓肾气温吞  
  
583  
00:23:33,840 --> 00:23:35,040  
他有第一个问题  
  
584  
00:23:35,440 --> 00:23:39,490  
这桂枝加桂汤，就是邪气在外头啊  
  
585  
00:23:39,530 --> 00:23:42,090  
那么正气抗邪导致心气空了  
  
586  
00:23:42,690 --> 00:23:45,090  
心气空了之后，结果就有一个邪气就上来了  
  
587  
00:23:45,490 --> 00:23:47,050  
就刚才我们讲的那个水  
  
588  
00:23:47,640 --> 00:23:48,440  
是不是这个道理啊  
  
589  
00:23:48,960 --> 00:23:50,040  
水汽上来之后  
  
590  
00:23:51,360 --> 00:23:54,880  
结果称心就很危险吧  
  
591  
00:23:55,400 --> 00:23:57,400  
心气被称，当然这个心气被称  
  
592  
00:23:57,440 --> 00:23:59,760  
其实我跟大家在讲伤寒的时候说过  
  
593  
00:24:00,180 --> 00:24:01,660  
在临床上它有一个特征  
  
594  
00:24:02,180 --> 00:24:05,140  
我们说肾水上奔称心的时候  
  
595  
00:24:05,550 --> 00:24:06,750  
因为他是有所指的吧  
  
596  
00:24:06,950 --> 00:24:08,430  
这时候他不是奔脾去的  
  
597  
00:24:08,590 --> 00:24:09,550  
他是奔心去的  
  
598  
00:24:09,950 --> 00:24:12,360  
奔脾去的是腹痛，对吧  
  
599  
00:24:12,760 --> 00:24:14,160  
奔新去的时候是啥  
  
600  
00:24:14,240 --> 00:24:15,040  
其实就是心慌  
  
601  
00:24:15,680 --> 00:24:18,880  
你做没做过那个游乐场里头有什么  
  
602  
00:24:19,520 --> 00:24:19,800  
呃  
  
603  
00:24:20,530 --> 00:24:22,660  
比如说海盗船啊，啊  
  
604  
00:24:22,660 --> 00:24:24,260  
现在还有什么跳楼机对吧  
  
605  
00:24:24,300 --> 00:24:27,420  
我一听那个我都不寒而栗啊，什么什么  
  
606  
00:24:27,420 --> 00:24:28,660  
就就类似这种事吧  
  
607  
00:24:28,660 --> 00:24:32,000  
过山车，当这个东西瞬间往下一落的时候  
  
608  
00:24:32,240 --> 00:24:33,800  
你有没有一种失重的感觉  
  
609  
00:24:34,000 --> 00:24:35,560  
你说我胆小，我没坐过  
  
610  
00:24:35,760 --> 00:24:36,880  
那你坐过电梯吧  
  
611  
00:24:37,470 --> 00:24:39,830  
电梯有的时候它那缓冲不是特别好  
  
612  
00:24:40,190 --> 00:24:42,610  
往下一降，你有没有心  
  
613  
00:24:42,690 --> 00:24:42,890  
唉  
  
614  
00:24:43,250 --> 00:24:44,170  
特别难受那种感觉  
  
615  
00:24:44,170 --> 00:24:45,810  
我告诉你那个就叫肾气奔腾  
  
616  
00:24:46,090 --> 00:24:46,530  
为什么  
  
617  
00:24:46,890 --> 00:24:51,720  
因为这种失重状态模拟出了血液奔向心脏的感觉  
  
618  
00:24:52,200 --> 00:24:54,800  
就是肾水上奔称心之象  
  
619  
00:24:55,040 --> 00:24:56,280  
古人他不会描述  
  
620  
00:24:56,320 --> 00:24:57,080  
古人就说  
  
621  
00:24:57,560 --> 00:24:59,480  
反正是发作欲死，啊哈  
  
622  
00:24:59,840 --> 00:25:00,680  
就特别难受  
  
623  
00:25:01,420 --> 00:25:02,420  
特别难受就对了  
  
624  
00:25:02,700 --> 00:25:03,300  
明白了吧  
  
625  
00:25:03,660 --> 00:25:05,740  
所以在临床上你非得去找啊  
  
626  
00:25:05,740 --> 00:25:06,420  
你问患者  
  
627  
00:25:06,420 --> 00:25:08,980  
你说患者，你有没有那种感觉  
  
628  
00:25:09,460 --> 00:25:12,900  
好像有一头猪从我的旗下跑到新这来  
  
629  
00:25:13,340 --> 00:25:14,300  
患者就懵了  
  
630  
00:25:15,310 --> 00:25:16,430  
说，这个我没我  
  
631  
00:25:16,430 --> 00:25:18,190  
我没我，连猪跑都没见过  
  
632  
00:25:18,670 --> 00:25:22,030  
但你要问他有没有坐过山车或者坐电梯那种感觉  
  
633  
00:25:22,030 --> 00:25:23,030  
心里忽悠一下  
  
634  
00:25:23,730 --> 00:25:24,090  
患者说  
  
635  
00:25:24,090 --> 00:25:24,250  
哎  
  
636  
00:25:24,250 --> 00:25:26,770  
这个我真有大夫，奔豚明白了吧  
  
637  
00:25:27,290 --> 00:25:29,410  
那么为啥要用奔豚来说事  
  
638  
00:25:29,690 --> 00:25:32,090  
我们说在12地支之中  
  
639  
00:25:32,480 --> 00:25:33,960  
豚为亥水，对吧  
  
640  
00:25:34,000 --> 00:25:34,920  
戌狗亥猪嘛  
  
641  
00:25:35,520 --> 00:25:38,660  
那么水水鞋的内蓄  
  
642  
00:25:38,820 --> 00:25:39,820  
水鞋的冲力  
  
643  
00:25:40,340 --> 00:25:42,460  
那么它的上奔就叫奔豚  
  
644  
00:25:43,140 --> 00:25:46,980  
在清代的时候，有一位大医家姓科字韵博  
  
645  
00:25:47,180 --> 00:25:48,660  
这我一说大家知道啊  
  
646  
00:25:49,020 --> 00:25:49,220  
呃  
  
647  
00:25:49,260 --> 00:25:51,620  
运伯公，他当年举过一个例子  
  
648  
00:25:51,620 --> 00:25:54,260  
在他的科室来苏集之中，这么讲  
  
649  
00:25:54,500 --> 00:25:54,700  
说  
  
650  
00:25:54,860 --> 00:25:58,150  
屯为水处，猪是水兽对吧  
  
651  
00:25:58,470 --> 00:26:00,510  
那么水处奔则什么呢  
  
652  
00:26:00,630 --> 00:26:03,750  
叫昂首疾驰，猪跑的时候抬着头跑  
  
653  
00:26:04,070 --> 00:26:05,110  
我不知道是不是啊  
  
654  
00:26:05,310 --> 00:26:06,350  
就是抬着头往前跑  
  
655  
00:26:06,350 --> 00:26:07,430  
那当然这是科室  
  
656  
00:26:07,550 --> 00:26:09,710  
科公说的就是昂首疾驰  
  
657  
00:26:10,390 --> 00:26:12,270  
库消就特别像什么呢  
  
658  
00:26:12,790 --> 00:26:18,500  
水势上干之象就特别像水气怎么样上冲之象啊  
  
659  
00:26:18,500 --> 00:26:20,820  
就是猪一跑，跑的时候抬着头跑啊  
  
660  
00:26:21,320 --> 00:26:22,120  
就这种感觉  
  
661  
00:26:22,320 --> 00:26:25,640  
那么其实你甭管他是不是抬着头跑还是低着头跑啊  
  
662  
00:26:25,920 --> 00:26:29,220  
我认为，那么它模拟的就是猪为水兽  
  
663  
00:26:29,420 --> 00:26:30,300  
水气上乘  
  
664  
00:26:30,700 --> 00:26:33,300  
因为猪一般是躺在那  
  
665  
00:26:33,300 --> 00:26:35,380  
我们说懒猪，懒猪比较喜庆的吧  
  
666  
00:26:35,940 --> 00:26:38,300  
但是当某个节日的时候  
  
667  
00:26:38,920 --> 00:26:42,160  
那么人们去去抓这个猪的时候，对吧  
  
668  
00:26:42,600 --> 00:26:45,640  
那么就是猪那时候会显示出异乎平常的状态  
  
669  
00:26:45,840 --> 00:26:48,360  
就如同奔腾之象，是不是这个道理啊  
  
670  
00:26:48,880 --> 00:26:50,560  
哎，说一要过年要杀猪吗  
  
671  
00:26:50,560 --> 00:26:51,520  
咱们就想想这道理  
  
672  
00:26:52,160 --> 00:26:54,320  
猪这时候感觉我命休矣啊  
  
673  
00:26:54,480 --> 00:26:55,160  
命将不保  
  
674  
00:26:55,200 --> 00:26:56,280  
这时候玩命跑啊  
  
675  
00:26:56,710 --> 00:26:59,270  
显示出了异乎寻常的这个矫健啊  
  
676  
00:27:00,590 --> 00:27:02,070  
那么这这个称之为奔腾  
  
677  
00:27:02,680 --> 00:27:04,720  
呃，所以说治的时候怎么治啊  
  
678  
00:27:05,080 --> 00:27:07,640  
与桂枝加桂汤在这儿我们不像讲伤寒  
  
679  
00:27:07,640 --> 00:27:09,560  
那么讲了，给大家呃  
  
680  
00:27:09,830 --> 00:27:12,550  
大约母的，那么说说所谓的什么呢  
  
681  
00:27:12,990 --> 00:27:14,510  
加二两桂  
  
682  
00:27:15,320 --> 00:27:16,720  
呃，但在这一说呢  
  
683  
00:27:16,800 --> 00:27:18,680  
惹祸了，有很多人说说老师  
  
684  
00:27:19,080 --> 00:27:20,960  
那这个加的我认为是肉桂  
  
685  
00:27:21,370 --> 00:27:23,210  
还有一帮人说说老师加的是桂枝  
  
686  
00:27:23,210 --> 00:27:24,490  
然后两伙人打起来了  
  
687  
00:27:25,210 --> 00:27:26,850  
呃，你认为加的是谁啊  
  
688  
00:27:28,030 --> 00:27:29,230  
肉桂还是桂枝啊  
  
689  
00:27:32,620 --> 00:27:36,380  
我对这个事儿我是这么看的啊，同学们  
  
690  
00:27:37,730 --> 00:27:38,450  
我认为啊  
  
691  
00:27:38,530 --> 00:27:42,490  
仲景先师早就猜到了后世子孙啊  
  
692  
00:27:43,200 --> 00:27:45,440  
迟早得出一帮小傻孩儿啊  
  
693  
00:27:46,240 --> 00:27:47,880  
想不明白事儿在这儿打架  
  
694  
00:27:48,720 --> 00:27:51,840  
那我老人家呃，恕个罪说啊  
  
695  
00:27:51,840 --> 00:27:56,340  
就是假设第一人称干脆就写一个字加贵二两  
  
696  
00:27:56,700 --> 00:27:58,860  
防止以后这帮傻孩子们不会走路  
  
697  
00:27:59,700 --> 00:28:00,740  
明白啥意思了吗  
  
698  
00:28:01,410 --> 00:28:02,730  
该用桂枝就用桂枝  
  
699  
00:28:02,850 --> 00:28:04,530  
当用肉桂则用桂肉桂  
  
700  
00:28:04,810 --> 00:28:05,770  
明白这个道理了吧  
  
701  
00:28:06,330 --> 00:28:07,970  
不能拘泥于这个东西  
  
702  
00:28:07,970 --> 00:28:11,840  
为什么，我们说当你发散为主的时候  
  
703  
00:28:12,240 --> 00:28:12,880  
表邪重  
  
704  
00:28:13,880 --> 00:28:15,120  
我还非得用肉桂  
  
705  
00:28:15,120 --> 00:28:16,040  
我不有病吗  
  
706  
00:28:16,760 --> 00:28:17,440  
但相反  
  
707  
00:28:17,800 --> 00:28:21,030  
你的整个啊在里头血虚，对吧  
  
708  
00:28:21,070 --> 00:28:23,710  
命门虚寒，表邪不重  
  
709  
00:28:24,010 --> 00:28:24,650  
我说不对  
  
710  
00:28:24,850 --> 00:28:27,490  
仲景先是写了加桂枝二两必须得加桂枝  
  
711  
00:28:27,890 --> 00:28:29,810  
那你就把经方学成什么了  
  
712  
00:28:29,810 --> 00:28:30,850  
学成邪教了  
  
713  
00:28:31,290 --> 00:28:32,290  
明白这个道理了吗  
  
714  
00:28:32,290 --> 00:28:35,090  
你就这种信叫迷信，是不是这样啊  
  
715  
00:28:35,370 --> 00:28:37,210  
那你表邪重，你就加桂枝呗  
  
716  
00:28:37,450 --> 00:28:38,290  
以发散为主  
  
717  
00:28:39,010 --> 00:28:39,890  
那么里虚重  
  
718  
00:28:39,970 --> 00:28:41,490  
你不加肉桂，你加什么呀  
  
719  
00:28:41,730 --> 00:28:42,650  
你还加桂枝吗  
  
720  
00:28:43,810 --> 00:28:44,370  
明白了吧  
  
721  
00:28:44,970 --> 00:28:45,210  
哎  
  
722  
00:28:45,210 --> 00:28:47,130  
这个东西所以说共景仲景先师  
  
723  
00:28:47,410 --> 00:28:51,730  
他知道自己说这句话以后可能就变成了金科玉律  
  
724  
00:28:52,250 --> 00:28:53,090  
所以怎么办啊  
  
725  
00:28:53,170 --> 00:28:57,200  
怕后头这些孩儿们赚转不过来金啊  
  
726  
00:28:57,240 --> 00:28:59,400  
最后只能写一个字，你们猜去吧  
  
727  
00:28:59,400 --> 00:28:59,840  
打去吧  
  
728  
00:29:00,200 --> 00:29:00,760  
你们愿意打  
  
729  
00:29:00,760 --> 00:29:03,240  
你们打我懒得看，是这个道理吧  
  
730  
00:29:03,480 --> 00:29:03,680  
哎  
  
731  
00:29:03,720 --> 00:29:04,720  
非常简单啊  
  
732  
00:29:05,860 --> 00:29:06,820  
那为什么加二两  
  
733  
00:29:06,820 --> 00:29:08,260  
在这多送给大家一个东西  
  
734  
00:29:08,740 --> 00:29:09,940  
所谓地二生火  
  
735  
00:29:11,090 --> 00:29:13,930  
天七成之二为火树以食心气  
  
736  
00:29:14,410 --> 00:29:16,410  
那么加上前头那三两桂枝  
  
737  
00:29:16,450 --> 00:29:20,320  
变成几两武术武者图也  
  
738  
00:29:21,440 --> 00:29:21,640  
哎  
  
739  
00:29:22,080 --> 00:29:22,760  
一石二鸟  
  
740  
00:29:22,840 --> 00:29:26,090  
仲景先师之用，药之精妙  
  
741  
00:29:26,530 --> 00:29:28,090  
可谓滴水不漏啊  
  
742  
00:29:28,090 --> 00:29:29,370  
你看这个你服不服  
  
743  
00:29:29,650 --> 00:29:30,410  
我是服了  
  
744  
00:29:30,450 --> 00:29:31,210  
我是服了  
  
745  
00:29:31,460 --> 00:29:32,140  
滴水不漏  
  
746  
00:29:32,420 --> 00:29:33,500  
那么所谓二两桂枝  
  
747  
00:29:33,500 --> 00:29:36,180  
无非是壮心阳，取一个第二生火之象  
  
748  
00:29:36,220 --> 00:29:36,780  
明白了吧  
  
749  
00:29:37,180 --> 00:29:38,140  
就这么简单啊  
  
750  
00:29:40,220 --> 00:29:42,340  
呃，那么后头啊  
  
751  
00:29:43,900 --> 00:29:49,180  
这个还有一个方叫临桂甘枣汤  
  
752  
00:29:50,580 --> 00:29:50,780  
呃  
  
753  
00:29:50,820 --> 00:29:52,460  
这个汤呢，就特别有意思啊  
  
754  
00:29:52,460 --> 00:29:53,620  
它叫齐夏季  
  
755  
00:29:54,580 --> 00:29:55,380  
欲作奔豚  
  
756  
00:29:56,020 --> 00:29:57,060  
那么它里头呢  
  
757  
00:29:58,190 --> 00:29:59,350  
用了这么一个方啊  
  
758  
00:29:59,470 --> 00:30:03,110  
茯苓、桂枝、甘草、大枣四味药，这个茯苓啊  
  
759  
00:30:03,110 --> 00:30:05,110  
用的量特别大啊  
  
760  
00:30:05,190 --> 00:30:05,710  
特别大  
  
761  
00:30:05,950 --> 00:30:07,030  
用到了几两呢  
  
762  
00:30:07,890 --> 00:30:09,850  
半斤就是八两支树，对吧  
  
763  
00:30:09,970 --> 00:30:11,440  
这么大的量，呃  
  
764  
00:30:11,640 --> 00:30:13,680  
在伤寒论和金匮要略之中  
  
765  
00:30:13,960 --> 00:30:17,720  
可谓用茯苓者登峰造极，无出其右啊  
  
766  
00:30:17,720 --> 00:30:18,760  
那用的量最大  
  
767  
00:30:19,970 --> 00:30:21,130  
那么它的用法啊  
  
768  
00:30:22,240 --> 00:30:23,840  
呃，为什么这么用  
  
769  
00:30:23,920 --> 00:30:25,080  
其实这个原因也很简单  
  
770  
00:30:25,080 --> 00:30:28,320  
我们说发汗之后，旗下即脐下是什么部位啊  
  
771  
00:30:29,440 --> 00:30:31,840  
内经之中，那么脐下为肾水之部位对吧  
  
772  
00:30:32,280 --> 00:30:33,640  
那么脐下既代表什么  
  
773  
00:30:33,640 --> 00:30:34,480  
肾水欲动  
  
774  
00:30:34,930 --> 00:30:37,170  
就是打个比方，渗水啊  
  
775  
00:30:37,610 --> 00:30:39,210  
不是一直被脾土压着吗  
  
776  
00:30:39,760 --> 00:30:41,400  
然后被心火制衡是吧  
  
777  
00:30:41,680 --> 00:30:43,920  
那么心肾之间阴阳互相制衡  
  
778  
00:30:44,680 --> 00:30:48,470  
早就他就早就想把那个东西还给新人  
  
779  
00:30:48,830 --> 00:30:50,630  
但是一直吧跃跃欲试  
  
780  
00:30:51,070 --> 00:30:53,110  
我们说前头一个桂枝加桂汤啊  
  
781  
00:30:53,110 --> 00:30:54,190  
跟他是什么区别  
  
782  
00:30:54,230 --> 00:30:54,830  
有区别啊  
  
783  
00:30:54,830 --> 00:30:56,750  
不一样，桂枝加桂汤呢  
  
784  
00:30:57,430 --> 00:30:58,790  
暴脾气诶  
  
785  
00:30:58,830 --> 00:31:00,910  
我一看你辛弃现在失手了  
  
786  
00:31:01,230 --> 00:31:03,190  
我看你跟他隔壁打仗呢，对吧  
  
787  
00:31:03,550 --> 00:31:06,300  
就像是李自成看见关宁铁骑  
  
788  
00:31:06,300 --> 00:31:09,600  
现在跟这个多尔衮已经打得不可开交了  
  
789  
00:31:09,600 --> 00:31:11,080  
好了，我根本就不跟你商量  
  
790  
00:31:11,320 --> 00:31:14,720  
我直接挥师进京，直接把北京城就围了吧  
  
791  
00:31:14,960 --> 00:31:16,080  
这是桂枝加桂汤  
  
792  
00:31:16,630 --> 00:31:21,230  
你等到啊，这个苓桂甘枣汤它是啥特点呢  
  
793  
00:31:22,150 --> 00:31:23,230  
我还在这观望  
  
794  
00:31:23,910 --> 00:31:24,110  
哎  
  
795  
00:31:24,630 --> 00:31:26,430  
你不行了，不行了  
  
796  
00:31:26,430 --> 00:31:26,950  
之后呢  
  
797  
00:31:27,700 --> 00:31:30,900  
我还因为平时啊，你就压我一头  
  
798  
00:31:31,620 --> 00:31:34,480  
我还不敢一下子翻身  
  
799  
00:31:34,840 --> 00:31:35,600  
是这道理吧  
  
800  
00:31:36,040 --> 00:31:37,400  
哎，这时候我还观望  
  
801  
00:31:37,840 --> 00:31:38,920  
但是观望的时候  
  
802  
00:31:39,240 --> 00:31:43,080  
我现在说话跟以前跟你说话口气也变了  
  
803  
00:31:43,460 --> 00:31:44,300  
明白啥意思了吧  
  
804  
00:31:44,700 --> 00:31:46,660  
旗下季了，这叫欲作奔豚  
  
805  
00:31:47,100 --> 00:31:48,780  
因此这个时候我们讲啊  
  
806  
00:31:49,020 --> 00:31:49,700  
你治它  
  
807  
00:31:49,980 --> 00:31:53,780  
你就不能像桂枝加桂汤那么治，大家理解为啥吗  
  
808  
00:31:54,460 --> 00:31:56,940  
其实你你你发现一个非常有意思的事啊  
  
809  
00:31:57,790 --> 00:32:00,430  
我在这说说你到到那个  
  
810  
00:32:00,430 --> 00:32:03,640  
比如说你到知网上，你搜奔豚汤  
  
811  
00:32:04,080 --> 00:32:08,320  
桂枝加桂汤和苓桂甘枣汤治奔豚多少粒  
  
812  
00:32:09,000 --> 00:32:12,060  
你搜文献，搜这个综述  
  
813  
00:32:12,660 --> 00:32:14,700  
搜临床报导都能找着  
  
814  
00:32:15,020 --> 00:32:18,350  
好像这三张方都能治奔豚，而且都治好了  
  
815  
00:32:18,670 --> 00:32:20,190  
但他们仨如果没有区别  
  
816  
00:32:20,190 --> 00:32:22,070  
为啥仲景先师要写三张房啊  
  
817  
00:32:22,900 --> 00:32:26,260  
说明有的时候你治，虽然都治好了  
  
818  
00:32:26,380 --> 00:32:28,980  
但是你不讲理，明白我的意思吗  
  
819  
00:32:29,500 --> 00:32:30,660  
我习惯什么样  
  
820  
00:32:30,860 --> 00:32:33,020  
我们不但要治病，还要讲道理  
  
821  
00:32:34,220 --> 00:32:35,940  
不能硬治，是不是这个道理啊  
  
822  
00:32:36,300 --> 00:32:37,700  
你不硬治就不伤人啊  
  
823  
00:32:38,020 --> 00:32:40,580  
所以从这个角度，那么他们仨方就是不一样  
  
824  
00:32:40,900 --> 00:32:43,500  
我们先不说奔腾堂奔腾桑那差的10万8000里  
  
825  
00:32:44,210 --> 00:32:45,970  
所谓气上冲胸腹痛对吧  
  
826  
00:32:46,490 --> 00:32:51,200  
那么那么是是一个肝气上冲之向往来寒热，就说这俩肾气的  
  
827  
00:32:51,440 --> 00:32:52,360  
他俩哪儿不一样  
  
828  
00:32:52,520 --> 00:32:55,640  
那我就说了，桂枝加桂汤是对方已经来打你了  
  
829  
00:32:56,160 --> 00:32:58,000  
这时候你说我还跟你客气  
  
830  
00:33:00,090 --> 00:33:01,850  
就像说日本已经侵华了  
  
831  
00:33:02,410 --> 00:33:04,850  
然后我就我说那咱俩再谈谈吧  
  
832  
00:33:05,690 --> 00:33:06,650  
有什么可谈啊  
  
833  
00:33:07,180 --> 00:33:08,020  
是不是这道理啊  
  
834  
00:33:08,620 --> 00:33:11,580  
那么当年金人已经挥师来了  
  
835  
00:33:11,580 --> 00:33:13,660  
你还去劳军，有意思吗  
  
836  
00:33:14,380 --> 00:33:15,180  
是不是这个道理  
  
837  
00:33:16,140 --> 00:33:18,220  
你等那个时候你就是怎么办  
  
838  
00:33:19,100 --> 00:33:20,500  
岳飞这时候得上了吧  
  
839  
00:33:21,320 --> 00:33:23,600  
呃，马上你你就直捣黄龙了  
  
840  
00:33:23,600 --> 00:33:24,360  
咱说白了啊  
  
841  
00:33:24,800 --> 00:33:26,560  
直接直接就打回去了  
  
842  
00:33:27,120 --> 00:33:29,120  
但是临桂甘枣汤不一样  
  
843  
00:33:30,340 --> 00:33:33,500  
这个肾气现在他在观望  
  
844  
00:33:34,460 --> 00:33:35,820  
他还没跟你撕破脸呢吧  
  
845  
00:33:36,380 --> 00:33:40,020  
这个时候如果你发兵讨伐会造成一个问题  
  
846  
00:33:40,020 --> 00:33:42,140  
你必然心气不足的时候  
  
847  
00:33:42,420 --> 00:33:43,900  
肾水又上奔腹背受敌  
  
848  
00:33:43,980 --> 00:33:44,620  
明白了吗  
  
849  
00:33:45,310 --> 00:33:46,630  
你给自己增加麻烦  
  
850  
00:33:47,030 --> 00:33:48,470  
所以这时候你还不能打他  
  
851  
00:33:48,870 --> 00:33:51,220  
但你能不能不管他也不行  
  
852  
00:33:51,500 --> 00:33:52,020  
所以怎么办  
  
853  
00:33:52,020 --> 00:33:54,300  
你看仲景先是偷天换日之法啊  
  
854  
00:33:54,960 --> 00:33:57,600  
这么办，我先你不是渗水上奔吗  
  
855  
00:33:57,920 --> 00:33:59,920  
我先给你泄水打比方  
  
856  
00:33:59,920 --> 00:34:03,380  
就像当年这个三藩还没作乱的时候  
  
857  
00:34:03,860 --> 00:34:06,180  
乾隆皇帝有手段啊，怎么办  
  
858  
00:34:06,780 --> 00:34:08,100  
你先把城墙往下  
  
859  
00:34:09,739 --> 00:34:10,260  
矮一尺  
  
860  
00:34:11,300 --> 00:34:12,380  
明天再矮一尺  
  
861  
00:34:12,820 --> 00:34:13,699  
明天干脆这么办  
  
862  
00:34:13,780 --> 00:34:14,699  
矮三尺得了  
  
863  
00:34:15,840 --> 00:34:17,679  
军饷往下消吧  
  
864  
00:34:17,840 --> 00:34:19,040  
逐渐消反，对吧  
  
865  
00:34:19,280 --> 00:34:23,199  
弱化你这个也是水汽上奔，你得先有水吧  
  
866  
00:34:24,040 --> 00:34:26,480  
我第一步半斤的茯苓下去怎么办  
  
867  
00:34:26,760 --> 00:34:29,639  
釜底抽薪，我问你水先卸了  
  
868  
00:34:30,570 --> 00:34:31,969  
哎，哥们儿这枪太危险  
  
869  
00:34:31,969 --> 00:34:32,969  
拿来交给我  
  
870  
00:34:33,290 --> 00:34:35,090  
别在手里攥着，是不是这道理啊  
  
871  
00:34:36,230 --> 00:34:38,270  
哎，你这些炮弹在家放着太危险  
  
872  
00:34:38,270 --> 00:34:38,949  
哪天再炸了  
  
873  
00:34:38,949 --> 00:34:39,590  
来，我给你运走  
  
874  
00:34:39,590 --> 00:34:41,710  
我给你我我有地方放，是不是这道理  
  
875  
00:34:42,030 --> 00:34:43,590  
先把你的武器缴械  
  
876  
00:34:44,310 --> 00:34:45,909  
先把你水卸下来就完事了  
  
877  
00:34:45,909 --> 00:34:47,630  
你没有水，你拿啥上奔啊  
  
878  
00:34:47,909 --> 00:34:48,750  
是不是这道理啊  
  
879  
00:34:48,750 --> 00:34:49,670  
这第一步，茯苓  
  
880  
00:34:50,270 --> 00:34:50,870  
第二步  
  
881  
00:34:51,670 --> 00:34:53,790  
不但是把你水泄掉  
  
882  
00:34:54,429 --> 00:34:55,030  
同时呢  
  
883  
00:34:56,070 --> 00:34:56,429  
哎呀  
  
884  
00:34:56,909 --> 00:35:00,030  
这个，这个这个怎么办呢  
  
885  
00:35:00,750 --> 00:35:02,510  
我自己把你卸掉的同时  
  
886  
00:35:02,670 --> 00:35:06,600  
我自己得把自己叫什么培养起来  
  
887  
00:35:07,460 --> 00:35:07,660  
哎  
  
888  
00:35:08,060 --> 00:35:09,620  
我裁撤你的同时  
  
889  
00:35:10,060 --> 00:35:14,260  
你看没看见里头有四两桂枝二两甘草啊  
  
890  
00:35:14,340 --> 00:35:15,180  
这叫什么汤  
  
891  
00:35:16,500 --> 00:35:16,700  
哎  
  
892  
00:35:17,420 --> 00:35:21,590  
伤寒论第64条发汗后怎么说  
  
893  
00:35:21,590 --> 00:35:22,230  
发汗过多  
  
894  
00:35:22,270 --> 00:35:23,190  
其人叉手自冒  
  
895  
00:35:23,190 --> 00:35:23,910  
心心下悸  
  
896  
00:35:23,910 --> 00:35:25,790  
欲得按者，桂枝甘草汤主治吧  
  
897  
00:35:26,520 --> 00:35:27,280  
第64条  
  
898  
00:35:27,560 --> 00:35:29,000  
那么这个根枝甘草汤  
  
899  
00:35:29,360 --> 00:35:31,240  
它是心甘化阳的一个代表方  
  
900  
00:35:31,480 --> 00:35:33,080  
在这就是实心气的  
  
901  
00:35:33,640 --> 00:35:35,120  
我把你撤掉的同时  
  
902  
00:35:35,620 --> 00:35:39,060  
我暗自把禁卫军就调过来了  
  
903  
00:35:39,560 --> 00:35:44,280  
调过来之后，镇守城防要塞全都给他补上兵  
  
904  
00:35:44,480 --> 00:35:45,200  
是这道理吧  
  
905  
00:35:45,640 --> 00:35:46,440  
与此同时  
  
906  
00:35:47,390 --> 00:35:49,750  
我不光我帮人得帮到底  
  
907  
00:35:49,750 --> 00:35:51,830  
我不光得帮你把水都撤掉  
  
908  
00:35:52,490 --> 00:35:55,130  
我还得给你派一个人去帮你搞建设  
  
909  
00:35:55,610 --> 00:35:56,610  
大枣15枚  
  
910  
00:35:57,650 --> 00:36:00,100  
武者图也，干什么  
  
911  
00:36:00,180 --> 00:36:01,900  
监制水汽是不是这个道理  
  
912  
00:36:02,180 --> 00:36:05,460  
我派这个枣啊，过去名曰辅佐  
  
913  
00:36:05,940 --> 00:36:07,140  
实质上我是监视你  
  
914  
00:36:07,820 --> 00:36:09,620  
一举一动，随时上报  
  
915  
00:36:09,860 --> 00:36:12,100  
一旦有任何问题啊  
  
916  
00:36:12,650 --> 00:36:15,010  
一旦有一点点风吹草动不臣之心  
  
917  
00:36:15,570 --> 00:36:20,160  
我准备好的这个桂枝甘草大军枕戈待旦，随时剿灭  
  
918  
00:36:20,280 --> 00:36:21,000  
是不是这道理  
  
919  
00:36:21,320 --> 00:36:21,520  
哎  
  
920  
00:36:21,520 --> 00:36:23,120  
所以你看这个手段非常奥妙  
  
921  
00:36:23,400 --> 00:36:24,960  
因此也会有人有疑问啊  
  
922  
00:36:25,040 --> 00:36:26,200  
就说同样是奔腾  
  
923  
00:36:26,440 --> 00:36:27,840  
我不知道你们看出来没有啊  
  
924  
00:36:28,070 --> 00:36:29,750  
历史上有很多医家有这种疑问  
  
925  
00:36:30,230 --> 00:36:30,990  
同样是奔豚  
  
926  
00:36:31,270 --> 00:36:35,230  
为什么奔豚汤用黄芪加半夏生姜汤，它要去枣  
  
927  
00:36:36,860 --> 00:36:42,100  
而反而到了这个临桂甘枣汤不但要用枣  
  
928  
00:36:42,100 --> 00:36:43,420  
而且用大量用多少枚  
  
929  
00:36:43,420 --> 00:36:43,900  
15枚  
  
930  
00:36:44,470 --> 00:36:46,950  
这个问题你们想过没有，也想过吧  
  
931  
00:36:46,950 --> 00:36:47,990  
是不是曾经有过疑问  
  
932  
00:36:48,350 --> 00:36:48,550  
哎  
  
933  
00:36:48,630 --> 00:36:51,150  
与其想过，你知道为啥吗  
  
934  
00:36:52,660 --> 00:36:53,420  
缓急之分  
  
935  
00:36:54,500 --> 00:36:55,060  
明白了吧  
  
936  
00:36:55,460 --> 00:36:56,380  
那么我们说啊  
  
937  
00:36:56,740 --> 00:36:58,380  
回到金匮要略的第一篇  
  
938  
00:36:58,780 --> 00:37:00,340  
封为百气百病之长  
  
939  
00:37:01,590 --> 00:37:02,270  
任何病啊  
  
940  
00:37:02,750 --> 00:37:05,070  
一旦到了风怒这个地方，我当时说过吧  
  
941  
00:37:05,750 --> 00:37:07,710  
风则朔变不能流  
  
942  
00:37:07,790 --> 00:37:10,030  
这时候欲速而不愈迟是不是这个道理  
  
943  
00:37:11,270 --> 00:37:12,750  
但是我们这个就不一样了  
  
944  
00:37:13,070 --> 00:37:14,390  
那么我这么说你可能不懂  
  
945  
00:37:14,390 --> 00:37:15,590  
我再改说一个问题  
  
946  
00:37:15,910 --> 00:37:17,150  
仗已经打起来了  
  
947  
00:37:17,470 --> 00:37:19,590  
你现在就别想着再修城墙了  
  
948  
00:37:20,170 --> 00:37:21,170  
明白我啥意思了吗  
  
949  
00:37:21,490 --> 00:37:23,330  
不赶趟了，赶紧派兵去救火  
  
950  
00:37:24,090 --> 00:37:25,170  
仗已经打起来了  
  
951  
00:37:25,170 --> 00:37:27,850  
你就不要想着我现去买救火车  
  
952  
00:37:28,400 --> 00:37:29,480  
我说我这个救火车呀  
  
953  
00:37:29,480 --> 00:37:30,000  
装备不行  
  
954  
00:37:30,000 --> 00:37:33,040  
我在淘宝马上双11了，我下单对吧  
  
955  
00:37:33,080 --> 00:37:35,530  
我订个那个那个那个好一点的  
  
956  
00:37:35,530 --> 00:37:37,530  
口径大一点的救火车不是那回事吧  
  
957  
00:37:38,470 --> 00:37:41,030  
但是苓桂甘枣汤仗打没打起来呢  
  
958  
00:37:41,470 --> 00:37:43,270  
没打起来，这个时候怎么办  
  
959  
00:37:43,590 --> 00:37:45,470  
高筑墙，广积粮  
  
960  
00:37:45,830 --> 00:37:46,590  
缓称王  
  
961  
00:37:47,140 --> 00:37:50,100  
所以这个时候大枣不但要用，而且用大量  
  
962  
00:37:50,100 --> 00:37:51,620  
而且用土树干什么  
  
963  
00:37:51,660 --> 00:37:52,820  
节制肾水，明白了吧  
  
964  
00:37:53,340 --> 00:37:56,690  
但是前者奔豚症就不同  
  
965  
00:37:56,970 --> 00:37:59,170  
因此说我们说金匮要略  
  
966  
00:37:59,170 --> 00:38:00,490  
它有它很独到的地方  
  
967  
00:38:00,490 --> 00:38:01,450  
你看这三个证  
  
968  
00:38:02,740 --> 00:38:05,540  
从烽火上奔的这个，这是什么汤  
  
969  
00:38:06,300 --> 00:38:06,820  
奔豚汤  
  
970  
00:38:07,860 --> 00:38:12,710  
到水气上逆克心脏的这个桂枝加桂汤  
  
971  
00:38:13,390 --> 00:38:14,310  
一直到什么呀  
  
972  
00:38:14,990 --> 00:38:17,990  
肾水欲动的茯苓桂枝甘草大枣汤  
  
973  
00:38:18,190 --> 00:38:20,430  
你发现它的缓和急  
  
974  
00:38:21,140 --> 00:38:23,340  
有没有内在道理  
  
975  
00:38:24,620 --> 00:38:25,380  
发现了没有  
  
976  
00:38:25,620 --> 00:38:26,980  
是不是非常清晰  
  
977  
00:38:27,340 --> 00:38:28,740  
从急到缓急  
  
978  
00:38:29,020 --> 00:38:32,300  
先讲最急的，先讲不太急的中间  
  
979  
00:38:32,860 --> 00:38:34,420  
最后不着急的放后面  
  
980  
00:38:36,380 --> 00:38:38,340  
它的排序非常有道理  
  
981  
00:38:38,620 --> 00:38:39,380  
看清楚了吧  
  
982  
00:38:39,940 --> 00:38:41,020  
非常有意思啊  
  
983  
00:38:42,060 --> 00:38:43,260  
那么关于这三个汤呢  
  
984  
00:38:43,860 --> 00:38:45,950  
呃，说就说这么多  
  
985  
00:38:46,470 --> 00:38:47,390  
那么这里头呢  
  
986  
00:38:47,710 --> 00:38:50,040  
不过多的讲了，还有一个事  
  
987  
00:38:50,160 --> 00:38:50,760  
甘蓝水  
  
988  
00:38:51,160 --> 00:38:52,120  
大家看一下啊  
  
989  
00:38:52,520 --> 00:38:53,360  
关于甘兰水呢  
  
990  
00:38:53,360 --> 00:38:56,000  
其实当年啊，金代医家程武吉先生啊  
  
991  
00:38:56,040 --> 00:38:59,300  
他讲的是非常精道，呃  
  
992  
00:39:00,840 --> 00:39:01,680  
什么意思啊  
  
993  
00:39:02,440 --> 00:39:04,680  
这个乘戊己说，见用甘蓝水者  
  
994  
00:39:04,800 --> 00:39:05,600  
阳之无力  
  
995  
00:39:05,720 --> 00:39:06,320  
什么意思呢  
  
996  
00:39:06,320 --> 00:39:07,120  
就是你这个水啊  
  
997  
00:39:07,120 --> 00:39:08,680  
你得反复的扬它是吧  
  
998  
00:39:09,120 --> 00:39:11,200  
给它反复的扬，呃  
  
999  
00:39:11,820 --> 00:39:12,260  
叫什么呢  
  
1000  
00:39:12,260 --> 00:39:14,460  
用原文来说，这个  
  
1001  
00:39:16,040 --> 00:39:17,720  
叫以勺扬之  
  
1002  
00:39:17,920 --> 00:39:20,600  
水上有珠子5000颗香烛，对吧  
  
1003  
00:39:21,800 --> 00:39:26,600  
呃，那么为什么杨太久了之后物极必反  
  
1004  
00:39:27,120 --> 00:39:28,440  
它叫羊之无力  
  
1005  
00:39:28,560 --> 00:39:30,320  
就是你嚷这个水嚷来嚷去  
  
1006  
00:39:30,320 --> 00:39:31,480  
最后这水没劲了  
  
1007  
00:39:32,550 --> 00:39:33,710  
那为什么让他没劲儿呢  
  
1008  
00:39:34,310 --> 00:39:35,750  
取不助肾气也  
  
1009  
00:39:36,690 --> 00:39:40,250  
后世徐灵胎先生解释这一段最为精道  
  
1010  
00:39:40,690 --> 00:39:41,770  
徐灵胎解释啊  
  
1011  
00:39:42,090 --> 00:39:46,380  
说这个甘蓝水又称之为老水牢，就是虚劳的劳  
  
1012  
00:39:47,460 --> 00:39:48,660  
就是你反复折腾它  
  
1013  
00:39:48,700 --> 00:39:49,460  
物极必反  
  
1014  
00:39:50,170 --> 00:39:52,370  
因为现在就是水节欲动之象嘛  
  
1015  
00:39:52,630 --> 00:39:54,950  
那你要反复让水去豁楞豁楞  
  
1016  
00:39:54,950 --> 00:39:56,510  
豁楞豁楞，到最后水累了  
  
1017  
00:39:56,510 --> 00:39:57,350  
水不想动了  
  
1018  
00:39:57,590 --> 00:39:58,870  
不想动了，之后怎么办啊  
  
1019  
00:39:58,950 --> 00:40:00,470  
你喝下去这个水是静止的  
  
1020  
00:40:00,630 --> 00:40:01,390  
它不容易动  
  
1021  
00:40:01,930 --> 00:40:02,450  
明白了吧  
  
1022  
00:40:02,690 --> 00:40:03,730  
叫物极必反啊  
  
1023  
00:40:04,410 --> 00:40:05,650  
呃，这个说的很精道  
  
1024  
00:40:06,050 --> 00:40:09,510  
但是这个壬水之法有很多人问我说  
  
1025  
00:40:09,510 --> 00:40:11,030  
老师，那临床上咋弄  
  
1026  
00:40:11,030 --> 00:40:13,310  
我也拿个木勺去瓤它吗  
  
1027  
00:40:13,430 --> 00:40:14,070  
你可以啊  
  
1028  
00:40:14,070 --> 00:40:17,950  
但我告诉你，后世民间故老相传之法啊  
  
1029  
00:40:18,030 --> 00:40:19,800  
这个作为，呃赠送  
  
1030  
00:40:19,800 --> 00:40:20,440  
告诉大家  
  
1031  
00:40:21,200 --> 00:40:24,640  
还有一个非常巧妙的做橄榄水的一个方法，想知道吗  
  
1032  
00:40:24,960 --> 00:40:26,040  
想知道跟你们说说啊  
  
1033  
00:40:26,040 --> 00:40:28,970  
怎么弄，就是拿木盆拿木勺  
  
1034  
00:40:29,050 --> 00:40:30,170  
当然古人是这样啊  
  
1035  
00:40:30,530 --> 00:40:31,650  
古人说不建铜铁  
  
1036  
00:40:32,130 --> 00:40:32,930  
但是现在呢  
  
1037  
00:40:33,130 --> 00:40:34,090  
那为啥不建铜铁  
  
1038  
00:40:34,090 --> 00:40:34,850  
原因很简单  
  
1039  
00:40:35,240 --> 00:40:37,480  
因为那个药本身都是主木的啊  
  
1040  
00:40:37,480 --> 00:40:39,240  
古人认为金克木这从五行上  
  
1041  
00:40:39,240 --> 00:40:41,440  
那你你那前提你就错了对吧  
  
1042  
00:40:41,850 --> 00:40:45,250  
所以说我们古人用这些东西都是用呃陶土啊  
  
1043  
00:40:45,330 --> 00:40:45,970  
瓦片啊  
  
1044  
00:40:45,970 --> 00:40:49,570  
或者是木木头，或者这些东西去去加工药材对吧  
  
1045  
00:40:50,060 --> 00:40:52,700  
呃，但是有很多时候你没有铜铁也不行  
  
1046  
00:40:52,700 --> 00:40:54,420  
你比如要倒子要碾子对吧  
  
1047  
00:40:54,780 --> 00:40:55,500  
他也得有这个  
  
1048  
00:40:55,500 --> 00:40:57,900  
现在打粉剂煎药机很多东西啊  
  
1049  
00:40:58,330 --> 00:40:59,250  
你也避避不开  
  
1050  
00:40:59,730 --> 00:41:00,490  
你甭管用啥  
  
1051  
00:41:00,490 --> 00:41:02,650  
反正嚷嚷到啥程度，你记住啊  
  
1052  
00:41:03,010 --> 00:41:04,370  
水面上出小泡了  
  
1053  
00:41:05,250 --> 00:41:05,930  
这个你懂吧  
  
1054  
00:41:06,370 --> 00:41:07,690  
反复然后反复，然后最后哎  
  
1055  
00:41:07,970 --> 00:41:10,570  
全是小水珠，细细的一圈  
  
1056  
00:41:10,890 --> 00:41:12,970  
这个时候摆牢汤就成了，明白了吧  
  
1057  
00:41:13,250 --> 00:41:14,250  
这个作为一个赠送  
  
1058  
00:41:15,880 --> 00:41:16,760  
那么讲到这呢  
  
1059  
00:41:17,240 --> 00:41:17,440  
呃  
  
1060  
00:41:17,640 --> 00:41:19,200  
我们还有几分钟时间啊  
  
1061  
00:41:19,200 --> 00:41:20,600  
这堂课才到下课时间  
  
1062  
00:41:20,600 --> 00:41:23,520  
我本来啊，预计这堂课要讲的很多啊  
  
1063  
00:41:23,520 --> 00:41:25,440  
那没想到很顺利啊  
  
1064  
00:41:25,440 --> 00:41:26,160  
讲的很快  
  
1065  
00:41:26,600 --> 00:41:27,320  
那么在这呢  
  
1066  
00:41:27,320 --> 00:41:29,720  
不太给大家加时了，也不赘述  
  
1067  
00:41:30,120 --> 00:41:32,520  
那么就有一个东西，我原本不想讲啊  
  
1068  
00:41:32,600 --> 00:41:34,480  
但是看到时间还没用完  
  
1069  
00:41:34,890 --> 00:41:35,930  
跟大家再说说  
  
1070  
00:41:36,210 --> 00:41:41,060  
也就是关于奔腾三政的最后一层啊  
  
1071  
00:41:41,260 --> 00:41:43,660  
这这部分本来我是想保留了啊  
  
1072  
00:41:43,660 --> 00:41:46,770  
作为我们呃门内的这些门生们啊  
  
1073  
00:41:46,810 --> 00:41:50,570  
平时这个聊的时候跟你们再点一点再说一说  
  
1074  
00:41:51,410 --> 00:41:51,610  
呃  
  
1075  
00:41:51,770 --> 00:41:52,890  
其实对于奔腾三证  
  
1076  
00:41:52,970 --> 00:41:54,170  
你还有另一种解法  
  
1077  
00:41:54,170 --> 00:41:54,850  
肝气奔腾  
  
1078  
00:41:54,850 --> 00:41:55,490  
肾气奔腾  
  
1079  
00:41:56,250 --> 00:41:58,690  
它为什么是就这两个气发生奔腾  
  
1080  
00:41:59,650 --> 00:42:02,370  
其实它在原因内在是有原因的  
  
1081  
00:42:02,530 --> 00:42:04,170  
你们听没听说过一个词啊  
  
1082  
00:42:04,810 --> 00:42:07,530  
叫君火以明，下一句怎么说  
  
1083  
00:42:07,850 --> 00:42:09,570  
答不上来我可就不讲了  
  
1084  
00:42:10,750 --> 00:42:11,430  
唉，很好  
  
1085  
00:42:11,430 --> 00:42:12,750  
这才像样啊，哈哈  
  
1086  
00:42:13,110 --> 00:42:17,850  
象火以外那么象火是啥火，咱们都知道吧  
  
1087  
00:42:18,570 --> 00:42:21,490  
告诉你象火两种军相之分  
  
1088  
00:42:21,650 --> 00:42:23,170  
那么一个国家只有一个军  
  
1089  
00:42:24,830 --> 00:42:26,390  
人无二主，天无2日  
  
1090  
00:42:26,910 --> 00:42:29,030  
国无二主，天无2日是这个道理吧  
  
1091  
00:42:29,430 --> 00:42:32,010  
就一个说了算的，这个称之为君啊  
  
1092  
00:42:32,570 --> 00:42:36,090  
那么军火心火也象是什么  
  
1093  
00:42:36,990 --> 00:42:40,190  
两个人能够辅佐君去用这个火  
  
1094  
00:42:40,750 --> 00:42:42,910  
那么这个符合我们义理啊  
  
1095  
00:42:42,990 --> 00:42:45,870  
无论是先天艺术还是后天艺术都符合啊  
  
1096  
00:42:46,430 --> 00:42:48,550  
符合易理，无非是两个火  
  
1097  
00:42:49,480 --> 00:42:52,920  
龙火和雷火合起来叫龙雷之火  
  
1098  
00:42:54,930 --> 00:42:55,690  
龙火是谁  
  
1099  
00:42:56,330 --> 00:42:56,930  
龙火者  
  
1100  
00:42:57,010 --> 00:42:57,650  
肾火也  
  
1101  
00:42:57,890 --> 00:42:59,650  
我们说肾火者，甚为坎水  
  
1102  
00:42:59,690 --> 00:43:00,010  
对吧  
  
1103  
00:43:00,410 --> 00:43:01,410  
那么坎水呢  
  
1104  
00:43:02,090 --> 00:43:04,730  
二阴包一阳，一个阳在里头藏着  
  
1105  
00:43:05,930 --> 00:43:07,930  
中间一个阳咬是吧  
  
1106  
00:43:08,210 --> 00:43:09,050  
藏中间了啊  
  
1107  
00:43:09,370 --> 00:43:11,410  
就像是龙一个阳物啊  
  
1108  
00:43:11,450 --> 00:43:14,660  
龙一走起来，行云布雨起  
  
1109  
00:43:14,660 --> 00:43:16,470  
风雷，变化无常  
  
1110  
00:43:16,870 --> 00:43:18,110  
但是它能干什么呀  
  
1111  
00:43:18,590 --> 00:43:20,630  
能藏在哪儿啊  
  
1112  
00:43:21,230 --> 00:43:23,280  
能藏在这个水里啊  
  
1113  
00:43:23,400 --> 00:43:25,920  
这个龙为水中之真阳，是这个道理吧  
  
1114  
00:43:26,280 --> 00:43:27,960  
那么这个称之为龙火  
  
1115  
00:43:28,680 --> 00:43:29,400  
雷火是谁  
  
1116  
00:43:29,400 --> 00:43:33,160  
我们说肝气通于后天八卦之震卦  
  
1117  
00:43:34,120 --> 00:43:34,800  
震卦呢  
  
1118  
00:43:35,080 --> 00:43:37,760  
那么所谓震为雷，没错吧  
  
1119  
00:43:37,920 --> 00:43:40,200  
帝出乎震齐乎巽啊  
  
1120  
00:43:40,320 --> 00:43:43,400  
志毅互昆相见乎离闹胡侃啊  
  
1121  
00:43:43,400 --> 00:43:44,160  
那么那么讲  
  
1122  
00:43:44,970 --> 00:43:48,450  
这个它这个处于震卦啊  
  
1123  
00:43:48,970 --> 00:43:49,850  
那么震卦呢  
  
1124  
00:43:49,850 --> 00:43:52,850  
所谓出乎震震的那个阳爻在最底下吧  
  
1125  
00:43:53,990 --> 00:43:55,830  
那么这个羊咬翻上来  
  
1126  
00:43:56,120 --> 00:44:00,280  
那么我们讲厥阴中间也是最最深最往里吧  
  
1127  
00:44:00,280 --> 00:44:02,680  
那么厥阴肝是不是这个阳是最理之阳  
  
1128  
00:44:02,990 --> 00:44:05,150  
那么是这个震卦震卦为雷  
  
1129  
00:44:06,070 --> 00:44:09,640  
那么雷象嘛，就是称之为肝火  
  
1130  
00:44:09,760 --> 00:44:11,200  
肝中藏的火为雷火  
  
1131  
00:44:11,440 --> 00:44:13,240  
因此龙雷之火呢  
  
1132  
00:44:13,600 --> 00:44:18,680  
那么就是这两个火阳火藏在阴位的基础  
  
1133  
00:44:20,320 --> 00:44:24,170  
这也正是为什么奔腾之法动  
  
1134  
00:44:25,040 --> 00:44:27,080  
同样是在下的这个阳气  
  
1135  
00:44:27,680 --> 00:44:30,920  
当他当啷一下子往上来称心的时候  
  
1136  
00:44:31,530 --> 00:44:33,770  
就这俩人起哄，明白了吧  
  
1137  
00:44:34,130 --> 00:44:35,050  
别人都不起哄  
  
1138  
00:44:35,490 --> 00:44:38,310  
就一个干一个什么，一个肾  
  
1139  
00:44:38,750 --> 00:44:39,390  
肾气奔腾  
  
1140  
00:44:39,390 --> 00:44:43,870  
肝气奔腾，原因是因为有龙雷之火作为他的生理基础  
  
1141  
00:44:44,800 --> 00:44:46,320  
那么至于他的啊  
  
1142  
00:44:46,360 --> 00:44:48,240  
讲到这，那我再多说一点啊  
  
1143  
00:44:48,800 --> 00:44:50,600  
时间还没到，还有一分钟啊  
  
1144  
00:44:50,760 --> 00:44:51,840  
再多说一点  
  
1145  
00:44:52,230 --> 00:44:54,070  
那么关于这个龙雷之火  
  
1146  
00:44:54,590 --> 00:44:56,470  
我们呃知道当代呢  
  
1147  
00:44:56,470 --> 00:44:59,190  
扶阳派，也就是过去旧称火神对吧  
  
1148  
00:44:59,630 --> 00:45:00,550  
论述甚多  
  
1149  
00:45:00,920 --> 00:45:02,800  
那么这里头讲的这个真阳啊  
  
1150  
00:45:02,800 --> 00:45:05,960  
在这给给大家讲讲所谓这个真阳是什么啊  
  
1151  
00:45:06,990 --> 00:45:09,470  
是什么真阳，呃  
  
1152  
00:45:11,760 --> 00:45:14,600  
用当年郑钦安老先生的说法啊  
  
1153  
00:45:14,600 --> 00:45:16,560  
他这么讲的叫这个益阳啊  
  
1154  
00:45:17,120 --> 00:45:21,230  
本先天前金所作这句话可能很多人没听明白  
  
1155  
00:45:21,830 --> 00:45:23,590  
所以其实我们讲这么一个道理  
  
1156  
00:45:23,590 --> 00:45:26,530  
乾坤生六子就是八卦  
  
1157  
00:45:27,250 --> 00:45:28,970  
乾卦呢是全阳的  
  
1158  
00:45:28,970 --> 00:45:29,930  
坤卦是全阴的  
  
1159  
00:45:30,090 --> 00:45:31,890  
这两卦是先天我们讲啊  
  
1160  
00:45:32,490 --> 00:45:33,610  
那么生出六子  
  
1161  
00:45:34,740 --> 00:45:37,380  
坎艮震巽离兑对吧  
  
1162  
00:45:37,940 --> 00:45:40,860  
那么那么那么那么这六子那么是阴阳之调配  
  
1163  
00:45:41,300 --> 00:45:41,900  
但是呢  
  
1164  
00:45:42,620 --> 00:45:47,180  
乾的中间一个先天之阳落到坤卦中间  
  
1165  
00:45:47,180 --> 00:45:49,340  
你看坤不是三个阴爻吗  
  
1166  
00:45:50,090 --> 00:45:53,050  
前的那个把中间一个阳拆开  
  
1167  
00:45:53,730 --> 00:45:55,450  
把中间一个阳拆开变成阴爻  
  
1168  
00:45:55,810 --> 00:45:57,010  
那么这个阳下来  
  
1169  
00:45:58,840 --> 00:46:00,440  
变到坤中间那个阴爻  
  
1170  
00:46:00,800 --> 00:46:02,160  
那么上头，那个乾啊  
  
1171  
00:46:02,400 --> 00:46:03,880  
就变成了离卦  
  
1172  
00:46:05,030 --> 00:46:06,670  
所以后火就是后天了吧  
  
1173  
00:46:07,230 --> 00:46:11,490  
那么那个阳爻啪跑到坤卦的中间的阴爻上  
  
1174  
00:46:11,730 --> 00:46:13,210  
这个阴爻就变成了一个阳爻  
  
1175  
00:46:13,770 --> 00:46:15,130  
就变成了二阴包一阳  
  
1176  
00:46:15,450 --> 00:46:16,210  
这是啥卦  
  
1177  
00:46:17,180 --> 00:46:18,540  
坎卦，这叫后天  
  
1178  
00:46:19,300 --> 00:46:21,140  
所以我们人体是什么状态  
  
1179  
00:46:21,500 --> 00:46:22,580  
上为离火是辛  
  
1180  
00:46:23,140 --> 00:46:24,260  
下为坎水是阳  
  
1181  
00:46:24,620 --> 00:46:27,590  
因此我们附子干姜，附子干姜  
  
1182  
00:46:27,590 --> 00:46:29,750  
你不要光看着火神派用附子干姜  
  
1183  
00:46:30,230 --> 00:46:32,270  
你还要看到他是为了干什么  
  
1184  
00:46:32,630 --> 00:46:33,310  
为了温  
  
1185  
00:46:33,310 --> 00:46:38,120  
你砍水池中那一点先天之前  
  
1186  
00:46:38,120 --> 00:46:42,700  
阳才是火神派最终扶阳的真意  
  
1187  
00:46:42,900 --> 00:46:44,260  
他伏伏的是这个阳  
  
1188  
00:46:44,340 --> 00:46:44,860  
明白了吧  
  
1189  
00:46:45,100 --> 00:46:47,420  
如果明白了，那你没明白  
  
1190  
00:46:47,420 --> 00:46:48,580  
没办法，我到点了  
  
1191  
00:46:48,780 --> 00:46:50,060  
今天下课，好  
  
1192  
00:46:50,060 --> 00:46:50,900  
同学们再见